



Mother Church of Brampton

ST. MARY'S

CATHOLIC CHURCH

66A Main Street, South,
Brampton, Ontario L6W 2C6
Phone: 905-451-2300 Fax: 905-451-1139
Email: stmarysbr@archtoronto.org
Website: www.stmarysbr.archtoronto.org

December 19, 2021

Fourth Sunday in Advent

Pastor

Rev. Liborio Amaral

Associate Pastor

Rev. Feliciano Merchan

Deacons

Franciscus Sukardi

Douglas Asselstine

Parish Lay Pastoral Assistant

Liz Rybka

Office Administrator

Olga Calderon

Office Secretary

Katty La Fuente

Bookkeeper

Jazmin Oliveira



Love

The Fourth Sunday of Advent

Daily Mass Schedule

Monday to Saturday 9:00am

Fridays : 9:00am

Holy Hour 6:00pm

Mass 7:00pm

Sunday Eucharist

Saturdays 5:00pm and 6:30pm

Sundays 8:00am, 9:30am,

11:00am, 12:30pm and

2:00pm - Spanish Mass

Livestream Masses:

Daily at 9:00am (English)

Sundays at 11:00am (English)

2:00pm (Spanish)

Reconciliation

Fridays 6:00pm - 6:45pm

Saturdays 9:45am - 11:00am

Parish Schools

St. Mary 905-451-1020

St. Francis Xavier 905-459-0646

St. Kevin 905-450-0571

Bishop F. Allen 905-457-4677

Cardinal Leger S.S. 905-453-2232

Office hours:

Mondays, Wednesdays and Fridays

9:30am to 5:00pm

Tuesdays and Thursdays

9:30am to 8:00pm

Church Open to Prayer

Monday to Friday

8:00am to 8:00pm

Saturdays

8:00am to 4:00pm





Dec. 20th - 25^h

Monday - December 20th

Ferial

9:00 am - Mass

- Danny Gomes †

Tuesday - December 21st

St. Peter Canisius

9:00 am - Mass

- Rodrigues Fam. (SI)

Wednesday - December 22nd

Ferial

9:00 am - Mass

- Frances Andrulat †
- Eucharisto Cassar †
- Patricia & Norman Rees †
- Jesus Buenaventura †
- Paul D'Souza †
- Valerian Noronha †
- Maria Amaral †

Thursday - December 23th

St. John of Kanty

9:00 am - Mass

- Frank & Leah Rybka †

Friday - December 24th

Ferial

9:00 am - Mass

- Olga Calderon (SI)

7:00 pm - Mass

Saturday - December 25th

Nativity of the Lord

- 9:00 am - Mass

Sunday - December 26th

*The Holy Family of Jesus, Mary,
and Joseph
St. Stephen*



Let us Pray

For the sick

- Albina Oliveira
- Emanuel Albergaria

For the Recently Deceased

- Kevin Douglas-Powell
- Leah Rybka

Parish Life

A New Chapter opens for Our Parish Pastoral Assistant, Liz Rybka

For the last 13 years a consistent face of St. Mary's ministry of service at our parish office has been Liz Rybka.

Liz was first hired by Fr. James Cherickal as our parish secretary. Throughout these years Liz has moved from parish secretary to the roles of Office Administrator, Office Manager and finally as our Parish Pastoral Assistant. Liz has shown her outstanding commitment to each role – her gifts and talents were evident in each stage of her ministry of service at our parish.

The Archdiocese has recognized Liz's gifts and talents and has asked her to sit in on several committees and initiatives throughout these years. She has been a wealth of knowledge and support to other parish staff members here and in other parishes near and far.

In the New Year, Liz will be leaving us as our Pastoral Assistant and transitioning into a new chapter of her life journey. She will be entering a new ministry, pursuing a career in mental health counseling. This ministry is yet to be fully realized for her, but she trusts that the Lord will pave the way for her as He has done all her life.

Liz has been a blessing for our Parish – she has been very competent in the work asked of her. But most importantly, Liz has been a true "Christian Witness" of the Catholic faith. She thanks God that He has given her this ministry she has been doing for the last 13 years, because it has truly become a Vocation of service for her.

Liz, thank you for sharing your gifts and talents, your laughter and wisdom, your kindness and dedication to us priests, deacons, office staff and to all our parishioners whom you have encountered throughout these 13 years.

And on a personal note, I would like to thank Liz for her kindness and support she has shown me. I can tell you all, before God Himself, that I have become a better priest, a more dedicated priest, a more prayerful priest, because Liz has challenged me to be so. For this gift she has given me, I can never repay her. Hopefully her presence in my life will allow me to get to heaven quicker.

May God bless you Liz and keep you in His tender care. We will miss you very much.

Blessings,

Fr. Liborio, the staff, and parishioners of St. Mary's

2022 Envelopes



The 2022 Envelopes are available for pick up at the back of the church and by the exit doors. Boxes will not have your name on them this year; rather, on the first three envelopes you use, **print your full name, mailing address and phone number clearly** and you will be assigned the number on the box.

Starting January 1, 2022 you can start using your 2022 envelopes

During 2022 DO NOT use your 2021 envelopes, if you do, your donation will be credited to someone else.

Registration is Required through [EventBrite](#) to attend **Sunday Masses**

Visit our Parish website to register or call the Parish Office for support.

The Church **will be open 30 min before** each Mass

Thank You for your Offering!

December 12, 2021 Regular
Collection **\$6,440.70**

November total PAG **\$10,685.50**

Around our Church and our Community

Advent Day of CONFESSIONS

Confession Prayer

Precious Jesus, I entrust myself to Your Mercy and pray that I will be open to this gift as You desire to bestow it. I pray that I may have a burning desire for the Mercy You wish to offer me through this Sacrament.

Humble me Lord, and help me to confidently open the wounds of my soul to Your healing grace.



Friday December 17th
From 5pm to 7pm

Saturday December 18th
From 9:45am to 12noon

Tuesday December 21st
From 10am to 12noon and
5pm to 7pm

Wednesday December 22nd
From 10am to 12noon and 5pm to 7pm

First Communion and Confirmation UPDATE

For those families who are inquiring about our First Communion and Confirmation program, please see registration links below. **Registration will end on December 31, 2021**

Fr. Liborio's First Communion and Confirmation
[Registration video](#)

First Communion [To Register Click Here](#)

Confirmation [To Register Click Here](#)

You can also find this information on our parish media platforms (i.e. Parish Website, YouTube and Facebook channels), E-Newsletter (bulletin) and during our parish announcements at the end of our Sunday masses.



E-Newsletter update

Starting January 2022 the E-Newsletter will be sent to you through our website. We ask you to please register as soon as possible so you don't miss the information and inspiring links that will help you to grow in your Catholic faith.

To visit our website [Click Here](#) open "Contact Us" then "Sign Up" and select "Parish Bulletin" and "Subscribe"

Consecration to the Holy Family

The Knights of Columbus ask our fellow parishioners to join us for a week of Consecration to The Holy Family:



December 26-January 2.

A consecration is an 'association with the sacred'; in this case devoting anyone's family to the Holy Family. With this act of humility, we ask for the aid & intercession of the perfect Son; Jesus Christ, the Virgin Mary; the perfect mother, and St. Joseph; who is the model for every father. Through their intercession we hope that they can help us imitate the Holy Family so that

our entire family may all enter Heaven. Prayer cards will be distributed on the Feast of The Holy Family; Dec. 26th. Families are encouraged to spend some time leading up to the consecration praying together, fasting, doing alms and going to confession. For more information **please call** Maurice Smith 905-454-2458

Thank you for your generous support!

St. Mary's Catholic Women's League wishes to thank our parishioners for their generous support for **The Knight's Table**. With your generous donations a good number of hygiene kits will be put together by The Knight's Table to support those in need.



"This Christmas season, we are asking our parishioners to **help in our Christmas decorations** by offering to bring Red or White Poinsettias, Christmas Cacti or potted flowers for the Church. If you wish to dedicate your flowers to someone who has passed away, please put the name in the pot. **Please drop off your Poinsettias from Dec 12 to Dec 19** to the area located **behind the Altar sanctuary of the church.**

Thank you for your generosity! God Bless.
The Liturgical Decoration Team"

Date	Feast	Time
Friday Dec. 24th <i>Office Closed</i>	Christmas Eve	5:00 pm, 6:30 pm, 8:00 pm (in Spanish) and 9:30 pm. Note: There is NO Midnight Mass this year
Saturday Dec. 25th <i>Office Closed</i>	Christmas Day	8:00 am, 9:30 am, 11:00 am (livestream), 12:30 pm and 2:00 pm (in Spanish) Note: No 5pm and 6:30pm evening Masses
Sunday Dec. 26th <i>Office Closed</i>	Feast of the Holy Family	8:00 am, 9:30 am, 11:00 am (Livestream), 12:30 pm and 2:00 pm (in Spanish)
Monday Dec. 27th <i>Office Closed</i>	Christmas Weekday	9:00 am Morning Mass (Livestream), Church open for private prayer from 8:00 am to 8:00 pm
Tuesday Dec. 28th <i>Office Closed</i>	Christmas Weekday	9:00 am Morning Mass (Livestream), Church open for private prayer from 8:00 am to 8:00 pm
Wednesday Dec. 29th <i>Office Closed</i>	Christmas Weekday	9:00 am Morning Mass (Livestream), Church open for private prayer from 8:00 am to 8:00 pm
Thursday Dec. 30th <i>Office Closed</i>	Christmas Weekday	9:00 am Morning Mass (Livestream), Church open for private prayer from 8:00 am to 8:00 pm
Friday Dec. 31st <i>Office Closed</i>	Vigil: Feast Day of Mary the Mother of God	9:00 am Morning Mass (Livestream), Church open for private prayer from 8:00am am to 4:00pm Vigil Masses: 5:00 pm and 6:30 pm
Saturday Jan. 1st, 2022 <i>Office Closed</i>	Feast day of Mary the Mother of God	8:00 am, 9:30 am, 11:00 am (Livestream), 12:30 pm and 2:00 pm (in Spanish) Note: No 5pm and 6:30pm evening Masses
Sunday Jan. 2nd, 2022 <i>Office Closed</i>	Epiphany of Our Lord	8:00 am, 9:30 am, 11:00 am (Livestream), 12:30 pm and 2:00 pm (in Spanish)
Monday Jan. 3rd, Office Opened	Christmas Weekday	9:00 am Mass (Livestream)
The Christmas season ends with the feast of the Baptism of the Lord on January 9th. We hope you are able to fill your heart with Hope, Love, Joy and Peace; gifts which only the King of Kings can give. Remember it is not only during this time we can encounter Jesus, we may do so daily in the Blessed Sacrament present always in the tabernacle.		

Around our Church and our Community

Healthy Tips for the Holidays

The holiday season hustle and bustle can easily bring excuses to let your health and nutrition goals fade into the background. However, with mindful intent, you can enjoy the holidays without the setback.

The below tips, courtesy of the Centers of Disease Control and Prevention (CDC), will help you gain focus, make a plan and guide you into the holidays with easy, actionable items to help you stay on track!

- 1. Holiday – Proof Your Plan:** You may not be able to control what food you're served, and there will be tempting treats, but you can meet the challenges if you are armed with a plan: • Try to eat close to your usual mealtimes to keep your blood sugar steady. If your meal is served later than normal, eat a small snack at your usual mealtime and eat a little less when dinner is served. • Invited to a party? Offer to bring a healthy dish along. • Balance sweet treats by cutting back on other carbohydrates, such as potatoes and bread. • Don't skip meals to save up for a feast, as you're more likely to overeat. • If you slip up, get right back to healthy eating with your next meal.
- 2. Outsmart the Buffet:** When you face a spread of delicious holiday food, make healthy choices easier: • Have a small plate of the foods you like best and then move away from the buffet. • Start with vegetables to take the edge off your appetite. • Eat slowly and enjoy the meal. It takes at least 20 minutes for your brain to realize you're full. • Avoid or limit alcohol. If you do have an alcoholic drink, have it with food.
- 3. Fit-in Favorites:** No food is on the naughty list. Choose the dishes you really love and can't get any other time of year. Slow down and savour a small serving.
- 4. Keep Moving:** There is a lot on our plates this time of year, and physical activity can get crowded out, but being active is your secret holiday weapon. It can help make up for eating more than usual and reduce stress during this time of year. Get moving with family and friends with activities such as taking a walk after a holiday meal.
- 5. Get Your Zzz's:** Going out more and staying out later often means cutting back on sleep. Sleep loss can make it harder to manage your blood sugar, and when you're sleep deprived, you tend to eat more and prefer high-fat, high-sugar food. Aim for seven to eight hours of sleep per night to ward off mindless eating.

Most of all, remember what the season is about – celebrating the birth of our saviour, Jesus Christ, and connecting with people you care about. When you focus on the true meaning of the season, it's easier to focus less on the food.

May you have a safe, enjoyable and blessed Christmas!

Week of Prayer for Christian Unity Prayer Service 2022

Sunday, January 23, 2022 – 4 p.m.

Holy Trinity Armenian Apostolic Orthodox Church 920 Progress Ave., Scarborough EASTERN REGION

Join Cardinal Thomas Collins and a wide representation of Christian leaders to pray for the restoration of full visible unity willed by Jesus Christ for the Church. This event is jointly organized by the Office for Promoting Christian Unity and the Greater Toronto Area Council of Christian Churches. All are welcome to attend in person or watch the livestream on **Facebook** at:

www.facebook.com/TorontoArmenianChurch.

For details, please visit: <https://bit.ly/3Gm0CZ>



The Columbian Squires is a youth organization for Catholic **men ages 10 to 18**, and operates under the guidance of the Knights of Columbus. The Squires have fun and share their Catholic faith, help people in need, and enjoy the company of friends in social, family, athletic, cultural, civic and spiritual activities. Through their local circle, Squires work and socialize as a group of friends, elect their own officers, and develop into Catholic leaders. We also provide community service hours which can be earned through participation and commitment.

Our meetings are currently mainly online for the safety of the Squires and everyone else. If our organization interests you and you would like to join us or have any questions about Squires, please call 905-866-9630 or email us at tom.manoj@yahoo.com. We also have a discord server where we post announcements and upcoming events.

[Click here](#) if you are interested in joining our discord server.

Thank you and God bless.

Religious Article Store

Please enter via the Parish Hall entrance.

- ◆ **After the Saturday 5:00pm mass until 6:25pm**
- ◆ **After the Sunday 8:00am mass until 9:25am**
- ◆ **After the Sunday 11:00am mass until 12:25pm**

We have a good selection of religious gifts and cards for all occasions, including First Communion. Our volunteers will be happy to help you.

Please wear your mask and follow physical distancing.

Religious Education and Faith Formation

The Family as a Communion of Love



Today we honor family life in general by pausing to ponder the particular and beautiful hidden life within the home of Jesus, Mary and Joseph. In many ways, their daily life together would have been very similar to other families at that time. But in other ways, their life together is entirely unique and provides us with a perfect model for all families

Ponder your own closest relationships today. If you are blessed with a close family, ponder them. If not, ponder the persons put into your life who you are called to love with familial love. Who are you to be there for in good times and in bad?...

[Learn More](#)

Saint Stephen

Christ rises in indignation as the first martyr is brutalized

The practical explanation for a historical event is normally the most convincing. Psychological analysis, guesswork, and over interpreting frowns and whispers are best ignored. Why did the army invade on this day and not the next? Because they ran out of food. Why did the capital move from the plains to a new location in the hills? Because of flooding. And why did Christians branch out from Jerusalem and not remain attached to its temple? Because they were running for their lives. The stoning of today's saint boiled over into an anti-Christian fever on the streets of Jerusalem. Christians were hunted down, imprisoned, or killed. The very day Stephen was martyred, "a severe persecution began against the church in Jerusalem. Christians were hunted down..."



[Learn More](#)



Are you called to follow in the footsteps of Mary as a priest, deacon or religious to carry the Good News of God's great Love?

Contact Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email vocations@archtoronto.org
www.vocationstoronto.ca

Prayer in Time of COVID

Gracious God, you who are the author of all life, and who desire the well-being of all people, during these dark days of COVID-19, increase in us, respect and reverence for all human life.

Grant restored health to the sick, comfort and hope to the dying, eternal peace for those who have died, strength to family members, relatives, clergy, friends and volunteers, renewed energy to hospital workers, PSWs, nurses and doctors, and perseverance to all in the health care professions.

Grant wisdom to scientists for the development of effective and moral vaccines, discernment and right judgment for legislators, aid to the discouraged, poor and vulnerable, courage and justice for front-line workers and all who risk their lives for the benefit of others, and keep always in our minds the vision of the true common good of all the world. We ask this through Jesus Christ our Lord. Amen.

- Bishop Robert Kasun, CSB

*Your constant LOVE reaches the heavens; your faithfulness touches the skies.
Show your greatness in the sky, O God,
and your glory over all the earth.*

- Psalms 57:10-11

The Secret Meanings of The Parables of Jesus

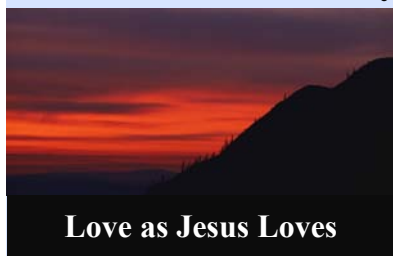


In this episode, we will discuss:

- Why did Jesus teach in Parables?
- What ancient people understood that we miss
- How many parables did Jesus teach?
- How parables have multiple meanings
- And much more

[Podcast - Click Here](#)

3 Minute Prayer Retreat



Love as Jesus Loves

Loving and gracious God, thank you for the love that you poured out on us in giving us your Son, Jesus.

Help me to deepen my awareness of your love, and to share it with those I meet.

[English](#)

[Español](#)

Family Corner

Awaiting Baby Jesus Prayer

My heart is beating, filled with joy,
awaiting Mary's baby boy.

For with this child, we embrace
the birth of God's most precious grace.

Baby Jesus, soon to come!
For us comes the Promised One.

Baby Jesus, God's own Son,
you will be the Chosen One
to lead our flock into salvation.

Our eternal life awaits.

The birth of Jesus brings us nearer
Heaven's holy gates.

Sing with joy, and count the days,
for soon to come, the Lord we'll praise.

Rejoice that Jesus will soon arrive,
the Messiah and our faith alive.

- Loyola Press

**Walking with Jesus:
The Rosary Prayers
in Song**

Español



The Christmas Pageant that Almost Wasn't



**Movie
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Película

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Register for FREE to watch Picks of the Week & More :
1. Click on the link
2. Register using your email (Create New Account)
3. Enter St. Mary's Church, Brampton
4. Access Code: **8b36b3**

Reflection for Week 4: Repentance and Renewal



Psalm 36 outlines David's problem: Sinners close their eyes to God and "live with the delusion their guilt will not be known and hated." But in reality, sinners live in misery: "My frame aches because of my sin" is the lament in Psalm 38. The solution offered—one that John the Baptist and Jesus affirm centuries later—is to repent and turn one's heart and mind to God. The descriptions of David's anguish and guilt are reassuring. Guilt is a sign that one still has a conscience—a connection with God that...

Learn More

Arts & Faith: Week 4 of Advent

The meeting between Mary and Elizabeth teaches us about the holy. Tanner shows us that we encounter the holy in the everyday moments of our lives—an arrival, a homecoming, a table set for a meal. But Elizabeth's expression reminds us that while we find holiness in this world, it is not of this world, that finding holiness is a glimpse of God's magnificent...



Henry Ossawa Tanner,
"The Visitation," 1909-1910

Video

The Juggler of Notre Dame


The story of the Juggler of Notre Dame goes back to at least the 12th century in France as one of the "miracle plays" of the medieval period in which God rewards devout commoners through acts of wonder. In this gripping, heart-warming contemporary version from Paulist Productions, Barnaby ekes out a bare existence juggling in the street for coins. He is broken-hearted over the death of his wife and best friend. Barnaby drifts aimlessly until he stays in a small community where he is treated kindly. As Christmas approaches, all are making special gifts for the Lord. Barnaby despairs over having nothing to offer until he discovers a most profound truth about the meaning of Christmas and giving. Stars Melinda Dillon and Merlin Olsen.



**Movie
TIME**

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