



Mother Church of Brampton

ST. MARY'S

CATHOLIC CHURCH

66A Main Street, South,
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Phone: 905-451-2300
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Email: stmarysbr@archtoronto.org
Website: <https://stmarysbr.archtoronto.org>

Mar 03, 2024

Third Sunday of Lent

Pastor

Rev. Liborio Amaral

Associate Pastor

Rev. Edgar Romero

Deacons

Franciscus Sukardi

Douglas Asselstine

Acting Parish Office Manager

Dora Batres de Mejia

Parish Office Administrator

Katty La Fuente

Part-Time Parish Secretary

Maria Ciarallo

Bookkeeper

Sacramental Coordinator

Jazmin Oliveira



Daily Mass Schedule

Monday to Saturday 9:00am

Fridays

Holy Hour 6:00pm

Mass 7:00pm

Adoration Chapel

Monday to Friday 9:30am to 8:00pm

Saturdays 9:30am to 4:00pm

Sunday Eucharist

Saturdays 5:00pm

Sundays 8:00am, 9:30am,

11:00am, 12:30pm and

2:00pm - *Spanish Mass*

Reconciliation

Fridays 6:00pm - 6:45pm

Saturdays 4:00pm - 4:45pm

**Jesus answered
and said to them,
“Destroy this temple
and in three days I
will raise it up”.**

John 2:19

Parish Schools

St. Mary 905-451-1020

St. Francis Xavier 905-459-0646

St. Kevin 905-450-0571

Bishop F. Allen 905-457-4677

Cardinal Leger S.S. 905-453-2232

Office Hours:

Mondays, Wednesdays & Fridays

9:30am to 5:00pm

Tuesdays and Thursdays

9:30am to 8:00pm

Note: Office is closed for lunch from 1pm to 2pm

Blessed Sacrament Chapel

Monday to Friday

9:30am to 8:00pm

Saturdays

9:30am to 4:00pm



MASS Intentions

(At time of printing)

Mar 4th – Mar 10th

Monday - Mar 4th

St. Casimir

9:00 am - Mass

- Joaquim Braganza †

Tuesday – Mar 5th

Ferial

9:00 am - Mass

- Kent Webster †

Wednesday - Mar 6th

Ferial

9:00 am - Mass

- Valdi Kaucic †
- Rocio Arroba (SI)
- All Souls in Purgatory

Thursday - Mar 7th

Sts. Perpetua & Felicity

9:00 am - Mass

- Ricardo Lagman †

Friday - Mar 8th

St. John of God

9:00 am - Mass

- Nicola Susi †

7:00 pm - Mass

- Antonio Massullo †

Saturday - Mar 9th

St. Francis of Rome

9:00 am - Mass

- George Ferreira †
- Luis Melo †
- Maryann Noronha †
- Christine Alphonso (SI)

Sunday - Mar 10th

Third Sunday of Lent

2:00 pm - Spanish Mass



Let us Pray

For the Sick in our Community

- Dave & Barb Dobell

For the Recently Deceased

- Michael Reis
- Herman Mulder

Parish Life

Daylight Savings

On March 10th, do not forget to change your clocks an hour ahead.



Stations of the Cross

Come and join us for the Stations of the Cross every Friday after the 7:00 pm Mass during Lent



2023 Tax Receipts, the St. Mary's 2023 Tax receipts have been mailed out. If you do not receive it by the end of February, please call the Parish Office at 905-451-2300 or e-mail Jazmin at jaoliveira@archtoronto.org.

2024 Envelopes and tax receipts, it is important to complete the gray card in your new envelope box so that your new envelope number will be registered in your name.

Please do not use envelopes from previous years as that old number is no longer assigned to you.

Knights of Columbus Food Drive This Weekend March 2nd and 3rd

The Knights will be holding a food drive in support of Ste. Louise Outreach this weekend. **Items including non-perishable food items, baby formula and personal toiletry items can be left on the sanctuary in-front of the lectern.** Higher protein food items such as peanut butter, canned fish, canned meat along with peanut free

snacks, pancake mix, muffin mix, syrup, honey, instant coffee, soups, canned fruits and veggies and condiments are in great need. Pasta and canned chickpeas are NOT required at this time as they are overstocked.



55+ Club

Everyone 55 years old and older is welcome to join the 55+ Club on **Monday, March 4th** in the Fatima Hall for coffee, cupcakes and door price.

Hope to see you there!



Thank you for your Donation!

Feb 25th, 2024 Regular Collection: **\$10,959.10**

Feb 2024 - PAG: **\$10,357.72**

Parish Life

40 Unique Penances for Lent

by Marcel LeJeune

Many Catholics traditionally do something like give up a favorite food, watch less TV, etc. for Lent. These are good ideas, but below are some more unique ones that we have crowd-sourced from others.

While we are not required to “give something up” for Lent, Catholics are required to increase prayer, fasting, and almsgiving. Here are some ideas to get you started.



1. Pray and fast for one particular person every day of Lent. Sometime in the Easter season, send them a message telling them what you did and why.
2. If you struggle with identity or self-worth, then write down something nice about yourself every day.
3. Only buy things you absolutely need to have
4. Pray the rosary daily for someone that has caused you harm. Meditate on how much Jesus loves that person.
5. Work out every day.
6. Intentionally give sincere compliments to everyone you have a conversation with.
7. Prepare all your own food instead of eating out.
8. Only use screens for work / school.
9. Turn off all noise and distractions for extended periods of time (hours at a time).
10. Write a letter every day of Lent telling someone what they mean to you.
11. Call someone you don't talk to regularly every day.
12. Daily Mass every week day.
13. 30 minutes (or 1 hour) of Adoration of the Blessed Sacrament every day.
14. Pray morning, evening, and night prayer from the Liturgy of the Hours.
15. Volunteer weekly at a shelter, soup kitchen, retirement community, etc.
16. Host a donation drive for a local charity.
17. Coordinate a day of service for a local charity
18. Go on a retreat, whether for multiple days or just one.
19. Let God choose your cross. In the morning, pray about what cross God has given you, then embrace it in faith as the will of God - to the best of your ability.
20. Go to Confession every week.
21. Gain an indulgence every week.
22. Start a new monthly donation to a great ministry / apostolate that you have never donated to before.
23. Offer daily prayers for your pastor and/or Bishop. Let them know what you did at Easter.
24. Give up speeding for all of Lent.
25. Fast from your favorite meal every day.
26. Spend an hour a day reading Catholic books.
27. Invite someone who has few friends to lunch or coffee. Do this every week.
28. Surprise someone in your neighborhood with a gift of flowers, a meal, basket of goodies, etc.
29. Make bags of food, water, socks, etc. for others and hand them out whenever you see a person in need.
30. Get 8 hours of sleep every night.
31. If you have a long commute, then do it in silence and prayer.
32. Daily games with family.
33. Every time you go to Mass - find someone you don't know and introduce yourself.
34. Increase your charitable giving or start tithing.
35. Cut salt from all your food
36. Pray in front of an abortion clinic for an hour a week.
37. Resolve to ask more questions of others than they do of you.
38. Choose something meaningful to donate daily.
39. Go knock on the door of a neighbor every day. Introduce yourself. Before you leave their house, ask them for prayer requests.
40. Have your family / friends come up with 3 suggestions and choose from the list.

Religious Education and Faith Formation



St. Francis of Rome (Mar 09)

Frances was born into an aristocratic family in the Eternal City of Rome near the famed Piazza Navona. From an early age, she was drawn to God and responded with much generosity. At the age of eleven, she told her father that she wanted to become a nun, but her father had other plans for her life. He informed

her that he was giving her hand in marriage to Lorenzo Ponziani, a wealthy aristocrat who was a commander in the papal army. Frances struggled with her father's decision and brought her concern to a local priest. After listening to her, the priest said to her, "Are you crying because you want to do God's will or because you want God to do your will?" She quickly responded that she wanted God's will, and the matter was settled. At the age of twelve, Frances was married.

Saint Frances of Rome, you loved God with all your heart and served Him at every stage of your life.

Please pray for me, that I may learn how to serve God within my vocation, never seeking anything other than His holy and perfect will. Saint Frances, pray for me. Jesus, I trust in You.

[Read More Here](#)

Understanding the Mental Health Crisis (Word on Fire)



Friends, we are in the midst of a mental health crisis, with many calling it another pandemic.

Record-high numbers of Americans are facing depression and suicide. Nearly half of young people report feelings of persistent sadness or hopelessness. What's behind this crisis, and how can the Church help? That's what Brandon Vogt and I discuss on today's episode of "The Word on Fire Show." A listener asks, is "just war theory" a concession to human weakness? How do we square that with Jesus' teachings on non-violence?

[Click Here to Watch](#)

Adventure Catechism



[Formed Kids](#)

The Elements of the Catholic Mass

Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring Fr. Douglas Martis, former director of the Liturgical Institute, the program consists of thirty-one beautifully produced short videos.

My Sacrifice and Yours



At the end of the Preparation of the Offerings, the priest says to the people: "Pray, brothers and sisters, that my sacrifice and yours (meum ac vestrum sacrificium) may be acceptable to God the Almighty Father." There are not two sacrifices. Rather, we share in the singular sacrifice of Christ, each in a unique way.

[Watch Formed Here](#)

St. Mary's Parish

Lenten Schedule 2024

Stations of the Cross

Every Friday During Lent at 7:30 pm

Lenten Confession Times

Monday, March 25 th	10:00 am - 12:00 noon and 6:00 pm - 8:00 pm
Tuesday, March 26 th	6:00 pm - 8:00 pm
Wednesday, March 27 th	10:00 am - 12:00 noon and 6:00 pm - 8:00 pm

Holy Week Mass Schedule

Holy Monday, March 25 th	9:00 am Mass
Holy Tuesday, March 26 th	8:30 am Mass
Holy Wednesday, March 27 th	9:00 am Mass
Holy Thursday, March 28 th <i>Office is closed</i>	<u>NO</u> 9:00 am Mass 7:30 pm: Mass of the Lord's Supper followed by Adoration of the Blessed Sacrament until 10:00 pm
Good Friday, March 29 th <i>Office is closed</i>	<u>NO</u> 9:00 am & <u>NO</u> 7:00 pm Mass. Adoration Chapel Closed. Celebrations of the Lord's Passion: <ul style="list-style-type: none">• 11:00 am in Spanish• 1:00 pm in English• 3:00 pm in English 7:30 pm Stations of the Cross
Holy Saturday, March 30 th <i>Office is closed</i>	<u>NO</u> 9:00 am Mass & <u>NO</u> 5:00 pm Mass. Adoration Chapel Closed. 8:00 pm Easter Vigil
Easter Sunday, March 31 st <i>Office is closed</i>	Easter Masses (i.e. Regular Sunday Schedule) <ul style="list-style-type: none">• 8:00 am• 9:30 am• 11:00 am• 12:30 pm• 2:00 pm in Spanish

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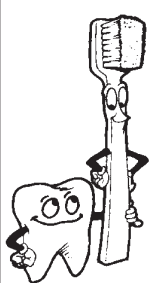
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