





August 1, 2021

# E- NEWSLETTER

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#### Save the Day: Transfiguration of the Lord August 6, 2021

Pastor: Rev. Liborio Amaral

Associate Pastor: Rev. Feliciano Merchan

**Deacons:** Franciscus Sukardi Douglas Asselstine





# Welcome and Quick Update

Welcome everyone and thank you for your great support

# The office is open on **Tuesdays, Thursdays and Saturdays** from **9:30am to 1:00pm**.

# We have an Olympian at home!

Kyra Constantine is representing Canada in the 2020 Tokyo Olympics in the 400m and the 4x400m relay!! Kyra is the daughter of Jo-Ann Sutherland and Sherwin Constantine - our parishioners.



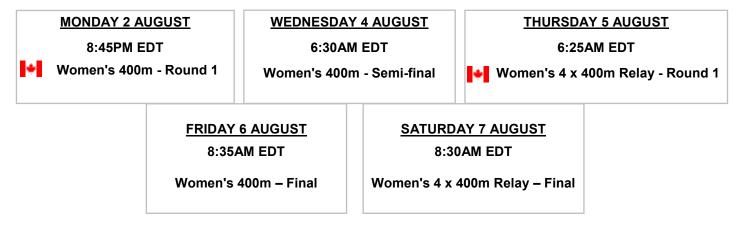
# Kyra is a very devout Catholic, let's pray and cheer up for **Kyra Constantine!**



Kyra broke onto the international scene while representing Canada at the Nanjing 2014 Youth Olympic Games where she finished fifth in the 400m. She followed this up in 2015 by claiming her first major podium with a bronze at the IAAF U18 Championships in the 4x400m mixed relay. She also posted a fourth-place finish in the 400m.

Three years later, while attending the University of Southern California (USC), she claimed gold at the 2018 NCAA Championships in the 4x400m relay. In 2019, Kyra won 400m gold at the NACAC U23 Championships and followed it up a few weeks later by winning the Canadian title in the distance. She went on to finish fifth in the 400m at the Pan Am Games in Lima where she was part of Canada's silver medal in the 4x400m relay. In 2021, she finished third in the 400m at the NCAA Championships while running a personal best 50.87 seconds.

**Below is her Olympic schedule.** The flag symbolizes her first appearance in each event. Category: ATHLETICS



# **Faith Formation**

#### The Bible in a Year with Fr. Mike Schmitz



New Podcast

If you've struggled to read the Bible, this podcast is for you.

Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff From Fr. Mike Schmitz, featuring Cavins, guides Catholics through the Bible in 365 daily episodes (you can start any day of the year) Each 20-25 minute episode includes: Jeff Cavins: The Bible In A Year

♦ two to three scripture readings
♦ a reflection from Fr. Mike Schmitz and ♦ guided prayer to help you hear God's voice in his Word.

Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure BibleTimeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins.

"Sacred Scripture is set up as a kind of lantern for us in the night of this life" - St. Gregory the Great

Register

### Kids Pick of the Week



Megamoo and the Grumpy Ducks An evil computer genius has escaped from prison and is using the new video game "Grumpy Ducks" to control everyone in town causing them to moo like a cow in a video

his mom Deb must sneak into Grumpy Ducks headquarters, defeat a giant robot cow and unplug the game before it's too late! Key Theme: Respecting others. You can show a person how valuable they are by listening to them when they talk...even if that means putting down a video game or cell phone.

Register for FREE to watch Picks of the Week & More :

1. Click on the link

Register using your email (Create New Account)

3. Enter St. Mary's Church, Brampton

4. Access Code: 8b36b3

# **Pick of the Week**

#### **Clare and Francis**

This epic feature film on the lives of St. Clare and St. Francis of Assisi was shot on location in Italy by the Italian film company Lux Vide, the producers of Saint Rita, Pope John Paul II, and St. John Bosco.



This outstanding movie is unique among films about St. Francis because of the historical accuracy of the story and its authentic spirit of joy and piety so characteristic of Francis, as well as the major role played by Clare, who is given equal stature with him. The two leads are played by very appealing performers, Mary Petruolo and Ettore Bassi, who give genuinely inspiring and beautifully moving performances of the daughter of a patrician family and the son of a rich merchant who leave everything to follow Chris MOVIE

**Español** 

I Am
the
Bread
of Lífe

**Bible Verses** 

MOVIE

"Blessed are those who hunger and thirst for righteousness, for they shall be satisfied" - Matthew 5:6

"For He has satisfied the thirsty soul, and the hungry soul He has filled with what is good" - Psalms 107:9

....If your enemies are hungry, feed them; if they are thirsty, give them a drink...." - Romans 12:20



## Transfiguration of the Lord

#### A preview of coming attractions, our destination is a person more than a place

It was not a miracle that Jesus Christ transfigured Himself on Mount Tabor before the Apostles. It was a miracle that He maintained His common, earthly appearance for the whole of His life. It was a miracle that His face was not glowing like the sun as He walked the hills and valleys of the Holy Land. Christ's normality, His sustained suppression of His divine radiance, was a miracle of humility, of slavish devotion to His vocation to incarnate, teach, suffer, and die for mankind.

The Christian believes in the resurrection of the body and life everlasting in that body. We believe this because of the appearances of the risen Christ after His resurrection, because of His bodily Ascension into heaven, because the gospels specifically mention the empty tomb, and because of the events of today's feast. The Transfiguration shows the splendor of truth. It is a peek into the life of heaven, where we see that Christ will not shed His human skin. Christ will bring His humanity to heaven and glorify it. This exaltation of flesh and blood is one reason why the Church has such immense respect for the human body.

# Live Your Faith

### Learning from the Saints

#### Saint John Vianney (the Curé of Ars)



#### A farmer knows God through prayer, not books, and becomes a holy priest

"Is Mr. Vianney good?" the Vicar General asked. "He is a model of goodness," the seminary official responded. "Very well. Then let him be ordained." And thus the last obstacle was removed from the long and winding path to Holy Orders of John Marie Vianney. Young John had difficulty learning Latin, and all seminary courses were in Latin. He had difficulty, in fact, learning anything. He had received almost no primary school education. His father needed John's rough hands on the plow to work the soil of the family farm. Education was a luxury, and poor families had no such luxuries. Schooling was for others. After deciding to enter the seminary, John had to be privately tutored, was almost compelled to transfer to a less demanding diocese, was in and out of different seminaries, and finally personally interviewed to determine if his simplicity disqualified him from ordination. A man hears a call, but it's the Church that responds "Yes" or "No." The Vicar General—courageously, wisely, and correctly—answered, "Yes." Saint John Vianney, the patron saint of parish priests, was ordained in 1815.

After a brief assignment as Vicar in the parish of a mentor, Father Vianney was made pastor of the parish in Ars, a small, dead-end village of farmers, seemingly dropped in the middle of a remote countryside. It was so tiny that, on his first visit, the new priest couldn't find it without local help. When he first stepped foot in the parish, he dropped to his knees and kissed the ground. Father Vianney's humble, servile gesture was known to Pope Saint John Paul II, who emulated it on every first visit he made to a country as Pope.

Learn More

#### "The secret of happiness is to live moment by moment and to thank God for all that He, in His goodness, sends to us day after day." - St. Gianna Molla

#### Prayer in Time of COVID

Gracious God, you who are the author of all life, and who desire the well-being of all people, during these dark days of COVID-19, increase in us, respect and reverence for all human life.

Grant restored health to the sick, comfort and hope to the dying, eternal peace for those who have died, strength to family members, relatives, clergy, friends and volunteers, renewed energy to hospital workers, PSWs, nurses and doctors, and perseverance to all in the health care professions.

Grant wisdom to scientists for the development of effective and moral vaccines, discernment and right judgment for legislators, aid to the discouraged, poor and vulnerable, courage and justice for front-line workers and all who risk their lives for the benefit of others, and keep always in our minds the vision of the true common good of all the world.

We ask this through Jesus Christ our Lord. Amen.

Bishop Robert Kasun, CSB

#### **3 minute Prayer Retreat**



When we trust our visions and dreams and join them with the visions and dreams of others, God's dream for the world becomes reality.

God of all Creation, your Spirit fills the earth. Walk with me as I boldly proclaim your dream for the world.

#### Why Does God Let Us Suffer? By Chris Stefanick



Short Video

Pain and suffering are often peoples' biggest obstacle to faith. "If there is a God, why does he let us suffer?" They conclude there is no God, or that he doesn't care about us. Chris Stefanick points us to the truth revealed on the cross, **that God is love, and suffers for us, and** with us.

#### **Breaking Out of the Prison of Self-Invention**

Friends, we must break free of the prison of our own subjectivity, from which we have little choice but to hurl invective at one another.

We have to get beyond the valorization of our own feelings and ideas and enter into a journey of exploration together. But this requires that we first recognize the objectivity of truth and moral values.



#### SCATTERED SEEDS



"I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Today's readings remind us that the priest is ordained by the Holy Spirit to be the means by which Jesus' words are fulfilled. If you feel God could be calling you to be a priest, religious, or permanent deacon, call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997. **Email:** <u>vocations@archtoronto.org</u> <u>www.vocationstoronto.ca</u>



For the Week

All masses below are private and can be seen via Live-Stream via our YouTube of Facebook channels

Monday - August 2<sup>nd</sup> St. Eusebius of Vercelli & St. Peter Julian Eymard

9:00 am - Mass

Tuesday - August 3<sup>rd</sup> Ferial

9:00 am - Mass

<u>Wednesday - August 4<sup>th</sup></u> St. Jean Vianney

9:00 am - Mass

<u>Thursday - August 5<sup>th</sup></u> Ferial

9:00 am - Mass

Friday - August 6<sup>th</sup> Transfiguration of the Lord 9:00 am - Mass

6:00pm to 7:00pm Holy Hour followed by 7:00pm Mass

<u>Saturday - August 7<sup>th</sup></u> St. Sixtus II, St. Cajetan 9:00 am - Mass

#### Sunday - August 8<sup>th</sup> St. Dominic

#### LIVESTREAM MASSES

Daily at 9:00am Sunday Mass in English at 11:00am Sunday Mass in Spanish at 2:00pm

If you no longer wish to receive our E-Newsletter please Click <u>UNSUBSCRIBE</u>



# FAMILY CORNER

# Paper Cranes of Peace



**FAITH CONNECTION** Explain that, according to Japanese legend, anyone who folds a thousand paper cranes is granted a wish. Since the bombing of Hiroshima in 1945, paper cranes have become an international symbol of the wish for peace. Point out that Jesus told his apostles "I leave you peace, my peace I give you" and that, if we want peace in the world, we must share the peace of Christ with others.

Instructions

# Go Horseback Riding



Visit <u>Claireville Ranch</u> and go on a relaxing and peaceful journey on horseback. They offer one hour trail rides that take you through woods, streams, fields and hills.

#### Weekends.

8742 Claireville Conservation Rd, Brampton **\$50.00 per person** 

## Camp in your backyard



Enjoy the weekend camping at <u>Indian Line</u> Campground. Spend some time at the swimming pool, children's area, go cycling, hiking, canoeing or play your favourite sports for a fun-filled weekend.

25 of the Best Parks to Go Camping Near Toronto Open throughout summer 7625 Finch Ave West, Brampton Price Varies depending on the site

#### St. Teresa of Avila – Spiritual Life Series

A VIRTUAL EVENT HOSTED BY NEWMAN CENTRE CATHOLIC MISSION

August 9th 7:00 pm to 8:30

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All are welcome to join the next spiritual life series based on the book, *The Interior Castle*, **by St. Teresa of Avila**. This new six-segment series will begin on Monday, May 31 and will be presented by Fr. Peter Turrone, pastor of the Newman Centre. There will be time for group discussions.

REGISTER: https://stteresaofavila.eventbrite.ca COTACT: lenita.lopes@newmantoronto.com WEBSITE: www.newmantoronto.com POSTER: http://bit.ly/StTeresaWebinar

#### **Online Counselling Sessions**



Catholic Family Services of Toronto is now offering online quick access single sessions.

Single-session counselling is a quick and effective way for individuals, couples or families to address a mental health or relationship concern.

To arrange for a session, please **contact**: <u>info@cfstoronto.com</u> or 416-921-1163 or 416- 222-0048. Leave us a message with your name, email and phone number, and a staff person will contact you.

Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness or group programs. Counselling fees are charged according to a client's income level. No one is denied service because of their inability to pay fees.

POSTER: http://bit.ly/CFSTorontoOnline

"The saints did not all begin well, but they ended well." -St. John Vianney

> Thank You for your Offering!

July 25, 2021 Regular Collection \$6,635.40

Office Schedule		
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Tuesdays, Thursdays and Saturdays from 9:30am to 1:00pm		
Mass Card Intentions by phone. Please call 905-451-2300 during the office schedule		
(Meetings by Appointment Only)		
Church Open for Prayer		
Monday to Friday	8:00am to 8:00pm	
Saturdays	8:00am to 4:00pm	
Weekday Mass Schedule		
Monday to Saturday	9:00am Mass	
Friday Evenings	6:00pm to 7:00pm Holy Hour followed by	
	7:00pm Mass	
Sunday Mass Schedule		
5:00pm Mass		
	6:30pm Mass	
8:00am Mass		
9:30am Mass		
	11:00am Mass	
	12:30pm Mass	
2:00pm Mass ( <u>Spanish</u> )		
The Church <b>will be open <u>30 min</u></b>	<b>REGISTRATION is REQUIRED</b> through Eventbrite	
before each Mass	Visit our Parish website to register or call the parish office for support	
Confession Times		
Fridays	6:00pm to 6:45pm	
Saturdays	9:45am to 11:00am	
Livestream Masses:		
Daily at 9:00am (English)		
Sundays at 11:00am (English)		
	2:00pm <i>(Spanish)</i>	