



February 21, 2021



## E- NEWSLETTER

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### Save the Day:

Our Mission & Values World Day  
 of Social Justice  
 February 20 @ 1:00pm

### Pastor:

*Rev. Liborio Amaral*

### Associate Pastor:

*Rev. Patrick Ezimora CCE*

### Deacons:

*Franciscus Sukardi  
 Douglas Asselstine*

## Welcome and Quick Update

*Welcome everyone and thank you for your great support*

**St. Mary's Church Schedule**  
 For Lent Season 2021

**Confession Times During Lent**

Fridays	5:30 pm to 7:00 pm
Saturdays	9:45 am to 12:00 noon

**Stations of the Cross**

Friday 8:00 pm  
 Live-Streamed

Note: Only 10 people allowed in the building at all times.

## Fr Liborio's Reflection .....

Dear Sisters and Brothers in Christ,

This past Wednesday we started our journey of Lent. We are given 40 days to prepare ourselves for the great celebration and season of Easter.

The Church has wisely given us the three Pillar of **Prayer, Fasting and Almsgiving** to help us during our Lenten journey. I encourage you, if you have not yet done so, to look at each of the three pillars and discern what you will do to fulfill each of the pillars. What will you do to add "**PRAYER**" into your live, beyond the prayer you are already implementing in your daily life? What will you add or subtract from your life as a form of "**FASTING?**" And finally, what will you give to the poor as "**ALMSGIVING,**" beyond what you already give. I hope that you will consider giving your Lenten almsgiving to ShareLife, which is the main helping hand of our Archdiocese to the thousands and thousands of brothers and sisters who require our help through out the year.

I pray that you will have a grace filled Lenten journey so that you can experience the fullness of Easter in a new light of deeper faith and love of the Lord.

Blessings,

*Fr. Liborio*



Mother Church of Brampton  
**ST. MARY'S**  
CATHOLIC CHURCH



# LENT

Fast + Pray + Give

Dear Lord, I know I can Be better.  
I want to live more like your disciple.

May this Lent grant me the grace  
and motivation that I need.

I will trust not in myself but in your grace.

Amen

Fr. Thomas J. Connery

## The Works of Mercy



### CORPORAL WORKS

- + **FEED** THE HUNGRY
- + **GIVE** DRINK TO THE THIRSTY
- + **CLOTHE** THE NAKED
- + **VISIT** THE IMPRISONED
- + **SHELTER** THE HOMELESS
- + **VISIT** THE SICK
- + **BURY** THE DEAD

### SPIRITUAL WORKS

- + **INSTRUCT** THE IGNORANT
- + **COUNSEL** THE DOUBTFUL
- + **ADMONISH** SINNERS
- + **COMFORT** THE SORROWFUL
- + **BEAR WRONGS** PATIENTLY
- + **FORGIVE** ALL INJURIES
- + **PRAY** FOR THE LIVING AND THE DEAD

# Faith Formation

## "The Fight Between Carnival and Lent,"

1559 Pieter Brueghel the Elder



Sometimes when the spiritual and the secular clash, **we can see the hand of God at work.** In Pieter Brueghel's *The Fight Between Carnival and Lent*, there is a clash of contrasts happening in this 16<sup>th</sup> century Dutch village.

This encounter divides the scene in two. Behind Carnival we see merriment. Lent emerges from the church. The statues there are covered; a priest hears confession—the season has begun.

[Learn More](#)

## Fat Tuesday, Ash Wednesday & Lent

On this episode, the guys talk about Fat Tuesday, Ash Wednesday, and Catholic Lenten Traditions – plus the Catholic origin of McDonald's Filet-O-Fish and the traditional 40 Day Beer Only Lenten Fast!

In this episode we'll cover:

- ◆ What foods do Catholics eat on Fat Tuesday?
- ◆ Where do the ashes come from for Ash Wednesday?
- ◆ What foods can't Catholics eat during Lent?
- ◆ The Catholic origins of the McDonald's Filet-O-Fish
- ◆ The traditional 40-day beer-only Lenten fast.
- ◆ And Much More!

[Click here](#)



## Kids



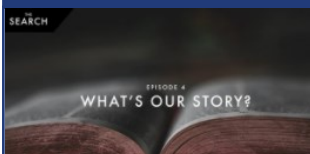
**Bernadette:** The Princess of Lourdes, is the exciting true story of a visit by the Queen of Heaven that left the entire world a source of health for body and soul. friendship.

Register for FREE to watch Picks of the Week & More :

1. Click on the link
2. Register using your email (Create New Account)
3. Enter St. Mary's Church, Brampton
4. Access Code: **8b36b3**



## Pick of the Week



### What's our Story?

The Search // Episode 4 //

Your life is a story. And it's caught up in the great story of humanity. This great story, as we see it in the Scriptures, shows us the amazing love story that is God's pursuit of man. The God that is love created so we can ultimately be with his love. We were made to be with God. Union with God is so central to the purpose of life, we even see the afterlife in these terms. Our definition of Heaven is union with God, and hell is absence of Him. Your life has a plot. Your life has purpose. Your life has value. We need to see how we fit into this big love story to begin to know why we exist. And that love of God isn't abstract. It has a face and name: Jesus.



[Spanish](#)

## Bible Verses

**BY FASTING  
THE BODY LEARNS  
TO OBEY THE SOUL**

**BY PRAYING  
THE SOUL LEARNS  
TO COMMAND THE BODY**

*"The kind of fasting I want is this: Remove the chains of oppression and the yoke of injustice, and let the oppressed go free" - Isaiah 58:6*

*"Pray that you will no fall into temptation." - Luke 22:40*

*"Share your food with the hungry and open your homes to the homeless poor. Give clothes to those who have nothing to wear, and do not refuse to help your own relatives." - Isaiah 58:7*



## Vatican Museum: Beauty that unites! 22

*There is no duty which Christ and His Apostles more emphatically urged by both precept and example than that of **prayer and supplication to Almighty God.***

*The Fathers and Doctors in subsequent times have taught that this is a matter of such grave necessity, that if men neglect it they hope in vain for eternal salvation.*

*Prayer derives its chief efficacy from two principal circumstances: perseverance, and the union of many for one end.*

(Leo XIII, Encyclical Fidentem Piumque Animum, 1896)



Gaetano Gandolfi, *The Triumph of Faith*, c. 1774, Vatican Museum, Art Gallery ©Musei Vaticani

# Live Your Faith

## Learning from the Saints

## The Chair of Saint Peter



### The Pope's authority is a gift, serving order and truth in the Church

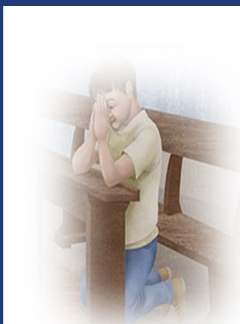
It's kind of funny to have a feast day for a chair. When we think of a chair, perhaps we think of a soft recliner into which our body lowers itself as if into a warm bath. Or our mind turns to a classroom chair, a chair in a waiting room, or one at a restaurant. But the chair the Church commemorates today is more like the heroic-sized marble chair which holds the giant body of President Lincoln in the Lincoln Memorial. We commemorate today a chair like the judge's in a courtroom or that unique high-backed chair called a throne. These are not ordinary chairs. They are seats of authority and judgment. They hold power more than people. We stand before them while their occupants sit. Judges and kings retire or die, but chairs and thrones remain to hold their successors. The Nicene Creed even describes Jesus as "seated" at God's right hand. The fuller, symbolic meaning of the word "chair" is what today's feast commemorates.

Against the farthest wall of Saint Peter's Basilica in Rome is not a statue of Saint Peter, as one might imagine, but a gorgeous heroic-sized sculpture with a chair as its focus. To celebrate the Chair of St. Peter is to celebrate the unity of the Church.

[Learn More](#)

"Be who God meant you to be and you will set the world on fire!" St. Catherine of Siena

## Lenten Prayer



Dearest Lord, I hope to be more observant of your grace. May you look upon my soul and may my sins erase.

May I know of sacrifice and cherish all you bless and act with courage to assist others who have less.

Prepare my soul for joy to come, and cleanse me of all sin. I'll wear my faith and do my best to nurture it within.

With a humble heart, I hope to be your faithful servant for all to see.

- Loyola Press

## 3 minute Prayer Retreat



### Ears to Hear

"Some seed fell among the thorns, and the thorns grew up and choked it. But some seed fell on rich soil, and produced fruit, a hundred or sixty or thirtyfold. Whoever has ears ought to hear."

- Matthew 13:7-9

[English](#)

[Español](#)

## Led by the Spirit



The season of Lent is fast approaching and St. Mary's Church is excited to offer a great resource to help make this Lent a grace-filled and fruitful season. We invite you to journey with Dr. Tim Gray by signing up for FORMED Daily Lenten Reflections at [formed.org/lent](http://formed.org/lent). Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life.

[Sign Up to Watch](#)

## The First Idol of the 21st Century: the Self

Our Associate Pastor **Fr. Patrick C. Ezimora CCE** shares the first idol of the 21st Century: the Self (Iam3).

*Did you know that the individual ego is arguably the first idol of our world today?*

Hopefully this article will assist you and your loved ones during this holy season of interior renewal.



[Learn More](#)

# Live Your Faith

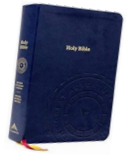
## The Bible in a Year with Fr. Mike Schmitz



New Podcast  
From Fr. Mike Schmitz, featuring  
Jeff Cavins: *The Bible In A Year*

If you've struggled to read the Bible, this podcast is for you.

Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff Cavins, guides Catholics through the Bible in 365 daily episodes (you can start any day of the year) Each 20-25 minute episode includes:  
◆ two to three scripture readings ◆ a reflection from Fr. Mike Schmitz and ◆ guided prayer to help you hear God's voice in his Word.



Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure Bible Timeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins.

*Tune in and live your daily life through the lens of God's word!*

[Register](#)

## SCATTERED SEEDS

### Pray for Vocations



*Lent: the springtime of the soul...is a time to make a new covenant with God, develop new signs of our relationship with our Creator. Go into your own desert and discover what God is asking of you.*

If you think God could be calling you to be a priest, religious, or permanent deacon, please **contact Fr. Matt McCarthy**, Director of Vocations, Archdiocese of Toronto at **416-968-0997**.

Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org)  
[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

### Lent Food Drive in support of

**The Knights of Columbus** will be holding a food drive in support of **Ste. Louise Outreach** on the weekend of **March 6<sup>th</sup> and 7<sup>th</sup>**.



If Masses are held that weekend, items will be collected in the parking lot before all Masses.

If we are still in lock down, items will be collected in the parking lot on Saturday, March 6<sup>th</sup> from 10:00am to noon and Sunday, March 7<sup>th</sup> from noon to 2:00pm. Items being collected are non-perishable food items, baby formula and personal toiletry items. In this time of pandemic, higher protein food items such as peanut butter, canned fish, canned meat and macaroni & cheese are in great need.

## Bereavement & Separated/Divorced Support Sessions

### Online Drop-In Bereavement Support Session

**Topic:** Transitional Grief – reflecting on the past year and the present year  
**Facilitator:** Arcangelo Limanni, MRE **Date & Time:** Wednesday February 24, 2021 @ 7:00 pm **Register at:** <https://rpyvy.eventbrite.ca>

### Online Drop-In Separated/Divorced Support Session

**Topic:** Transitional Grief – reflecting on the past year and the present year  
**Facilitator:** Arcangelo Limanni, MRE **Date & Time:** Thursday February 25, 2021 @ 7:00 pm **Register at:** <https://sdrpvy.eventbrite.ca>

for more information email: **Arcangelo Limanni**, [alimanni@cfstoronto.com](mailto:alimanni@cfstoronto.com)

## Our Mission and Values



### Development and Peace - Caritas Canada Lenten Event

**Week 1:** Our Mission & Values World Day of Social Justice  
**February 20 @ 1:00pm**

**Contact:** [elukasik@devp.org](mailto:elukasik@devp.org) [Register](#)

Participate in a conversation between Most. Rev Pierre Goudreault of the Diocese of Ste-Anne-de-la-Pocatière, Fr John Patrick Ngoyi, director of the Commission of Justice, Development and Peace (JDPC), and Gabrielle Dupuis, diocesan council chair for Ottawa-Cornwall; led by Janelle Delorme, animator for Manitoba and Thunder Bay. They will discuss how Development and Peace's mission and values are inspired by Catholic Social Teaching. One hour webinar.

## BAZAAR

The CWL continues to share with our parishioners some one-of-a-kind items for purchase through the link herein. Please know your support helps the many charities and endeavours we assist throughout the year.

If you see items that are of interest to you please connect Fran Caldwell at 905-867-7595 or email her at [fern0@rogers.com](mailto:fern0@rogers.com) and we'll make arrangements. Thank you! Click [HERE](#) to see inventory



**\$15.00** youth sweater  
approximately 8 to 10 years



**\$6.00** each,  
closed loop



**\$10.00** variety of kids  
activity bags, crayons &  
colouring book



**\$48.00** set of 8 Herb  
Placemats 17" X 12"



**\$20.00** red/grey snowflake  
runner 30" X 13

# MASS Intentions for the Week

All masses below are private and can be seen via Live-Stream via our YouTube of Facebook channels

## Monday - February 22<sup>nd</sup>

Chair of Saint Peter, Apostle—Feast

9:00 am - Mass

## Tuesday - February 23<sup>rd</sup>

St. Polycarp

9:00 am - Mass

## Wednesday - February 24<sup>th</sup>

Ferial

9:00 am - Mass

## Thursday - February 25<sup>th</sup>

Ferial

9:00 am - Mass

## Friday - February 26<sup>th</sup>

Ferial

9:00 am - Mass

## Saturday - February 27<sup>th</sup>

St. Gregory of Narek

9:00 am - Mass

- Jose Rico †
- Belarmino & Juana Lago †

If you no longer wish to receive our E-Newsletter please Click [UNSUBSCRIBE](#)

## "Tearful Smiles"

My favorite came from child in my pre-first grade class. He'd been gone for several days because his grandfather had passed away. When he returned I told him we'd missed him. He told me, "I had to go to Iowa because my grandpa died and I had to be at the back and be a polar bear." When I called the mom to share that with her, she told me that indeed, all the grandsons ages six to adult had been the pallbearers. I've never been to a funeral since that I don't think of that and smile.

- Angela Watson

## FAMILY CORNER

### Lent Comes to Reawaken Us

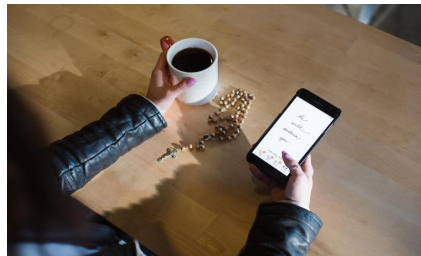


Our hearts long for Lent. We long for the transformation that we know we are capable of. Christ calls us to come closer to His heart during this season.

In this episode, Lorissa shares some beautiful ways we can walk with Christ in the desert both as a family and on our own.



### What to Give Up for Lent 2021: Minimize Media to Maximize the Word



These 40 days are an opportunity to minimize the deluge of excessive information in our lives and to replace it with prayer, silence, Scripture, service and meaningful conversation with others.

[Learn More](#)



**The Scriptural Way of the Cross** was first introduced by Pope John Paul II. This unique version can be used during this season of **fasting, prayer and alms-giving**. It features reflections on global and national issues that we can all be praying for and images from the Catholic Campaign for Human Development's Multimedia Youth Contest. Please use this for your own personal reflection, or with your parish, your school, your CCD class and friends.

[English](#)

[Español](#)



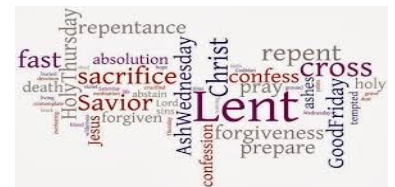
## Growing in Grace

by Fr. Thomas J. Connery

An 87-year old woman was admitted into the hospital. The intake nurse asked, "Has your diet changed?" "Yes," she replied. "For Lent, I gave up whipped cream on my Jell-O, hard candy and my two beers a night—and look where it's gotten me!"

So where will lent get you? If it is only a means to drop a few pounds or quit some uncomfortable habit, then maybe not far enough. There is nothing wrong in losing weight by our fasting; it's an extra bonus. Yet it is not the motivation for our fasting.

We want to be more like Jesus. We want, as Matthew Kelly so aptly puts it, to be a better version of ourselves. Lent is that opportunity. Don't waste it. Choose a Lenten practice for these next 40 days.



## ShareLife Impact Report

So many of our parishioners gave generously to the ShareLife Campaign in 2020, despite COVID-19 forcing the cancellation of masses for much of the year. The difference you've made through your gift is detailed in ShareLife's 2020 Impact Report. From mental health services, to support for seniors, to assistance for young mothers: the report includes inspiring stories of real people you've helped during the pandemic. The 2020 edition adopts a new interactive format, providing a fresh, engaging way to learn about the work of ShareLife and Catholic Charities agencies. To view the interactive report online, visit [sharelife.org/impact](http://sharelife.org/impact). To request a printed copy, please email [slife@archtoronto.org](mailto:slife@archtoronto.org).

Thank you for living the Gospel!

Thank You for your Offering!

February 14, 2021 Regular Collection  
\$4,532.25

# St. Mary's Church

Lent Schedule 2021

## Stations of the Cross

**Friday 8:00 pm Live-Streamed**

## Church is Open for Private Prayer

<b>Monday to Friday</b>	<b>9:30 am to 8:00 pm</b>
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<b>Saturdays</b>	<b>9:30 am to 12:00 noon</b>
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<b>Sundays</b>	<b>1:00 pm to 4:00 pm</b>
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Note: Only 10 people allowed in the building at all times.

## Sunday & Weekday Mass Schedule

**All Masses are temporarily canceled.**

## Livestream Mass Schedule

**Daily at 9:00 am (English)**

**Sundays**

**9:30 am (Spanish) & 11:00 am (English)**

## Confession Times During Lent

<b>Fridays</b>	<b>5:30 pm to 7:00 pm</b>
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<b>Saturdays</b>	<b>9:45 am to 12:00 noon</b>
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Note: Only 10 people allowed in the building at all times.

## Office Schedule

**Closed until further notice.**

Please contact us by email or phone.

[stmarysbr@archtoronto.org](mailto:stmarysbr@archtoronto.org)

905-451-2300

(Meetings by Appointment Only)