



Mother Church of Brampton  
**ST. MARY'S**  
CATHOLIC CHURCH



July 18, 2021



Support  
your Parish



Archdiocese  
of Toronto

## E- NEWSLETTER

### This Issue:

- **Welcome**
  - Office is Open
  - Mass Intentions
- **Faith Formation**
  - Evangelizing Millennials (Part 1)
  - FORMED - Pick of the week
  - Bible Verses
  - Vatican: US Bishops reiterate their call against federal funding for abortion
- **Live your Faith**
  - Learning from the Saints
  - Prayer of the Week
  - 3 Min Prayer Retreat
  - Does God Love Some People More?  
4 Foods Created by Catholics
  - The Bible in a Year
- **Scattered Seeds**
- **Family Corner**
- **Mass Intentions**
- **Office and Church schedule**

### Save the Day:

Power of Forgiveness Retreat  
July 23, 2021 07:00 PM

### Pastor:

*Rev. Liborio Amaral*

### Associate Pastor:

*Rev. Feliciano Merchan*

### Deacons:

*Franciscus Sukardi  
Douglas Asselstine*

## Welcome and Quick Update

*Welcome everyone and thank you for your great support*

Starting July 20<sup>th</sup>, we are opening the office on  
**Tuesdays, Thursdays and Saturdays**  
from 9:30am to 1:00pm.

Please check next page for  
Mass Card Intentions



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*Mother Church of Brampton*  
**ST. MARY'S**  
CATHOLIC CHURCH



### **Mass Intentions:**

As we begin to open our parish office, many parishioners will be anxious to have **“announced”** and **“unannounced”** mass intentions for their loved ones who have passed away. With this in mind, we are providing the information below to allow as many requests as we can accommodate. Review the information below, before you request your mass intention.

### **Announced Mass intentions (Single-intention and/or Multi-intention Masses):**

St. Mary's parish is limited in the number of masses celebrated per week. To help provide as much ministry as we can for those who are seeking announced masses we have scheduled **“single-intention”** and **“multi-intention”** masses throughout the week.

- **A single-intention mass** is when an individual name (or two if it is a couple) is mentioned at the beginning of the mass.  
Our single-intention masses are celebrated on Mondays, Tuesdays, Thursdays, and Fridays.
- **A multi-intention mass** is when a group of names (up to 15 in total) are mentioned at the beginning of the mass.  
Our multi-intention masses are celebrated on Wednesdays and Saturdays.  
For our **Spanish community** we have a multi-intention mass on Sundays at the 2pm.

**(Note:** Apart from the Spanish multi-intention mass, all other Sunday Masses do not have specific mass intentions.)

**Since many people will be seeking single-intention and/or multi-intention masses, we will be implementing the following guidelines:**

1. Request for mass intentions can now be processed in person or by phone, during parish office hours.
2. Mass intentions are accepted within a three month period and not beyond.
3. We are only able to accommodate requests from parishioners – all others are asked to go to their local parish for their requests.

4. It is expected that those who request a mass intention, show up for the mass itself.
5. We will limit each person (family) to one “single-intention” mass per month. If a person wishes to add a second intention, they will need to add it to our “multi-intention” mass.
6. The names will be announced at the beginning of the mass. Therefore it is important that those who requested the mass intention be present before the mass starts if they wish to hear the name announced.
7. Priests will try their very best to pronounce the names correctly. But mistakes will be made and families have to realize that even though a name is mispronounced, God knows the intention.
8. At times a mass intention is missed, due to a variety of reasons. If this happens, please notify the parish office and the intention will be honored at the earliest available opportunity.
9. Sacraments are not sold or purchased. But it has been the tradition of the Catholic Church to request a donation for an announced mass intention - the suggested donation is \$20.

#### **Unannounced Mass intentions:**

Parishioners are also able to request “**unannounced**” mass intentions. These masses do not have a scheduled date, time, or location for its celebration – it is celebrated when the priest is able. These unannounced masses are often given to local parish priests (i.e. retired priests), or to missionary priests in different parts of the world, who benefit greatly from the donations for the masses. The suggested donation for an Unannounced mass is \$10. People can request as many unannounced masses as they wish. People can be assured that each unannounced mass will be celebrated in a timely manner.

#### **Conclusion:**

We hope that this information above will guide people in their request for mass intentions and will allow as many parishioners of St. Mary’s the opportunity

# Faith Formation



## Evangelizing Millennials (Part 1)

Dr. Ben Akers sits down with Taylor Kemp, former professional soccer player, graduate of the Augustine Institute Graduate School, and current FORMED Platform Manager, to discuss evangelizing millennials.

Taylor discusses some principles he has learned through evangelizing athletes and his millennial peers.

[Podcast](#)

## Kids Pick of the Week



### Skiff and AJ's Fantastic Voyage

When inanimate objects Skiff (the incense boat) and AJ (the aspergillum) test-drive their homemade time machine, it shrinks them to the size of a gnat. After a pregnant lady mistakenly inhales the wannabe time travelers, the two soon

encounter an extra-special being dwelling within. Skiff & AJ begin to communicate with, learn about, and start a new friendship with the baby in the womb. Without enough power to launch their ship back...

Register for FREE to watch Picks of the Week & More :

1. Click on the link
2. Register using your email (Create New Account)
3. Enter St. Mary's Church, Brampton
4. Access Code: **8b36b3**

MOVIE  
TIME

[Español](#)

## Pick of the Week



### Network of Freedom

Set in France at the beginning of World War II, this inspiring film narrates the heroic work of Sister Helene Studler, the Daughter of Charity who saved the lives of thousands of French refugees by preventing them from becoming

prisoners of the Nazi forces, or freeing those who were captured. Among those she saved were many illustrious characters including the future Prime Minister of France, François de Mitterrand.

Sister Helene was dedicated to the care of orphans, the homeless and the abandoned in France when WWII broke out.

[Español](#)

MOVIE  
TIME

## Bible Verses

*The Lord Stood  
with Me and  
Gave Me  
Strength*

*"BE STRONG and Courageous! DO NOT BE AFRAID or Discouraged for the LORD YOUR GOD, is with you wherever you go" - Joshua 1:9*

*"He will wipe away every tear from your eyes. Death will be no more. There will be no mourning, crying, or pain anymore, for the former things have passed away"- Revelations 21:4*

*"God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it" - 1 Corinthians 10:13*



## Vatican: US Bishops reiterate their call against federal funding for abortion

Taxpayers should not be forced to pay for elective abortions, bishops say  
"This is the most extreme pro-abortion appropriations bill that we have seen, effectively mandating healthcare professionals to participate in abortion, and forcing American citizens to pay for abortion with their tax dollars", reads a statement signed by Cardinal Timothy M. Dolan, chairman of the U.S. Conference of Catholic Bishops' (USCCB) Committee for Religious Liberty and Archbishop Joseph F. Naumann, chairman of the USCCB's Committee on Pro-Life Activities.

### Abortion is not a healthcare service , it is inhumane

"By eliminating the Hyde Amendment, and other Hyde-like policies, the financial fruits of Americans' labour would advance the destruction of the smallest, most vulnerable humans", the two prelates point out emphasizing that "abortion is not healthcare nor a 'human service' to anyone. Rather, abortion is inhumane. It is a painful death to an innocent baby, and often leaves women physically harmed and emotionally devastated", the statement continues.

[Learn More](#)



**Project Rachel** is a ministry of healing for adults who are suffering from an abortion experience in the past. For further information, contact St. Mary of Egypt Refuge in confidence, at 289-691-6840, or by e-mail [projectrachel@stmarysrefuge.org](mailto:projectrachel@stmarysrefuge.org), web page [www.stmarysrefuge.org/rachel](http://www.stmarysrefuge.org/rachel).

# Live Your Faith

## Learning from the Saints

## Saint James, Apostle



Some footprints of today's saint, James the Greater, were preserved by Scripture. James was a member of the Twelve and of the Three; Peter, James, and John were the inner core that formed a shield of fidelity encircling Jesus Christ. James and his brother, John the Evangelist, author of the fourth Gospel, were fishermen who were called from their job on a lake to become fishers of men. It's possible that other men were called before or after James and John, and that these unknown men laughed in Christ's face, thought Him crazy, asked a thousand questions first, or just refused to follow a man they did not know and who offered no assurances. Those who said "No" to Christ are lost to history. Christ's was not an open invitation. He was on a mission and kept walking. There was a moment, and then the moment passed. James and John seized their Christ-moment with both hands and never let go. A moment became forever.

*Saint James, you died a shocking and unjust death. May your courageous witness to Christ at the end of your life, and your impetuous generosity toward Him during your life, make all Catholics bold and forthright in their love of the things of God.*

[Learn More](#)

"Know that the greatest service that man can offer to God is to help convert souls." St. Rose of Lima

## Prayer in Time of COVID

Gracious God, you who are the author of all life, and who desire the well-being of all people, during these dark days of COVID-19, increase in us, respect and reverence for all human life.

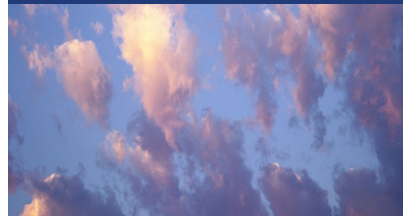
Grant restored health to the sick, comfort and hope to the dying, eternal peace for those who have died, strength to family members, relatives, clergy, friends and volunteers, renewed energy to hospital workers, PSWs, nurses and doctors, and perseverance to all in the health care professions.

Grant wisdom to scientists for the development of effective and moral vaccines, discernment and right judgment for legislators, aid to the discouraged, poor and vulnerable, courage and justice for front-line workers and all who risk their lives for the benefit of others, and keep always in our minds the vision of the true common good of all the world.

We ask this through Jesus Christ our Lord. Amen.

Bishop Robert Kasun, CSB

## 3 minute Prayer Retreat



### Sharing the Message

*Father, Son, and Holy Spirit, you have changed me by the grace of the sacraments. Continue your work in me today.*

[English](#)

[Español](#)

## Does God Love Some People More?

Does God Love Some People More?

### Does God Love Some People More?

By Fr. Mike Schmitz

Fr. Mike's answer to this question may make you think differently about God's love. He helps to re-orient our perspective—explaining that it is not about how much God loves us, but about our capacity to receive this love. If the most valuable thing in the world is limited only by our desire for it, why not take as much of it as we can get?

[Short Video](#)

## 4 Foods Created by Catholics

The Catholic faith has always had a deeply intertwined relationship with food. Whether it is the apple in the Garden of Eden, The Manna from Heaven, The Passover Meal, The Miracle of the Wine, The Multiplication of the Fish and Loaves, or the Eucharist itself, food plays a central role in our faith.

But there are common foods that you eat every day, that if it were not for the Catholic Church, you probably wouldn't eat.

In this episode, the guys discuss the Catholic origin of 4 of your favorite foods and the history behind them.



[Podcast](#)



# Live Your Faith

## The Bible in a Year with Fr. Mike Schmitz



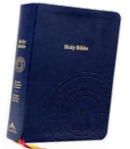
### New Podcast

From Fr. Mike Schmitz, featuring  
Jeff Cavins: *The Bible In A Year*

**If you've struggled to read the Bible, this podcast is for you.**

Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff Cavins, guides Catholics through the Bible in 365 daily episodes (you can start any day of the year) Each 20-25 minute episode includes:

◆ two to three scripture readings ◆ a reflection from Fr. Mike Schmitz and ◆ guided prayer to help you hear God's voice in his Word.



Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure BibleTimeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins.

**"Pray and learn to pray! Deepen your knowledge of the Word of the Living God by reading and meditating on the Scriptures - Pope John Paul II"**

**Register**

## The Precepts of the Church

2041 The precepts of the Church are set in the context of a moral life bound to and nourished by liturgical life. the obligatory character of these positive laws decreed by the pastoral authorities is meant to guarantee to the faithful the indispensable minimum in the spirit of prayer and moral effort, in the growth in love of God and neighbor:

2042 **The first precept** ("You shall attend Mass on Sundays and holy days of obligation.") requires the faithful to participate in the Eucharistic celebration when the Christian community gathers together on the day commemorating the Resurrection of the Lord.

The **second precept** ("You shall confess your sins at least once a year.") ensures preparation for the Eucharist by the reception of the sacrament of reconciliation, which continues Baptism's work of conversion and forgiveness.

The **third precept** ("You shall humbly receive your Creator in Holy Communion at least during the Easter season.") guarantees as a minimum the reception of the Lord's Body and Blood in connection with the Paschal feasts, the origin and center of the Christian liturgy.

2043 **The fourth precept** ("You shall keep holy the holy days of obligation.") completes the Sunday observance by participation in the principal liturgical feasts which honor the mysteries of the Lord, the Virgin Mary, and the saints.

The **fifth precept** ("You shall observe the prescribed days of fasting and abstinence.") ensures the times of asceticism and penance which prepare us for the liturgical feasts; they help us acquire mastery over our instincts and freedom of heart.

The faithful also have the duty of providing for the material needs of the Church, each according to his abilities.

Link to the Vatican website & Papal encyclical named: "**Mit Brennender Sorge**"

[https://www.vatican.va/content/pius-xi/en/encyclicals/documents/hf\\_p-xi\\_enc\\_14031937\\_mit-brennender-sorge.html](https://www.vatican.va/content/pius-xi/en/encyclicals/documents/hf_p-xi_enc_14031937_mit-brennender-sorge.html)

## SCATTERED SEEDS

### Pray for Vocations



*When the apostles were trying to reflect on their ministry, Jesus asked them to "Come away to a deserted place all by yourselves and rest a while."*

Listening to God in quiet prayer is very important in vocation discernment. Listen to

God's voice in an out-of-the-way place. If you feel the call is genuine call Fr. Matt McCarthy, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email: [vocations@archtoronto.org](mailto:vocations@archtoronto.org)

[www.vocationstoronto.ca](http://www.vocationstoronto.ca)

### Power of Forgiveness Retreat

Friday, **July 23**, 2021 07:00 PM  
Sunday, **July 25**, 2021 01:00 PM  
Mount Carmel Spiritual Centre  
7020 Stanley Ave., Niagara Falls, Ont.

Understanding forgiveness is the first key to being able to forgive. Learn tools that will enable you to move forward with the healing process.

**Presenter:** Anna Racine ([www.annaracine.org](http://www.annaracine.org)).

**COST:** \$290 (includes all meals, accommodations and materials)

**EMAIL:** [reservations@carmelniagara.com](mailto:reservations@carmelniagara.com)

**PHONE:** 905-356-4113



## Mass Intentions

For the Week

All masses below are private and can be seen via Live-Stream via our YouTube or Facebook channels

**Monday - July 19<sup>th</sup>**

*Ferial*

9:00 am - Mass

**Tuesday - July 20<sup>th</sup>**

*St. Apollinaris*

9:00 am - Mass

**Wednesday - July 21<sup>st</sup>**

*St. Lawrence of Brindisi*

9:00 am - Mass

**Thursday - July 22<sup>nd</sup>**

*St. Mary Magdalene*

9:00 am - Mass

**Friday - July 23<sup>rd</sup>**

*St. Bridget of Sweden*

9:00 am - Mass

6:00pm to 7:00pm Holy Hour  
followed by

7:00pm Mass

**Saturday - July 24<sup>th</sup>**

*Saint Sharbel Makhluf*

9:00 am - Mass

**Sunday - July 25<sup>th</sup>**

*St. James, Apostle*

### LIVESTREAM MASSES

Daily at 9:00am

Sunday Mass in English at 11:00am

Sunday Mass in Spanish at 2:00pm

If you no longer wish to  
receive our E-Newsletter  
please Click  
[UNSUBSCRIBE](#)

## "Church Bulletin Board Funnies"

The church will host an evening of  
fine dining, super entertainment and  
gracious hostility.

By Max Bowen

## FAMILY CORNER

### Thing to do this summer in Brampton



### Hike Brampton's longest trail

Explore Brampton's City's southern and northern boundaries through 17 kilometers of Etobicoke Creek Recreational Trail and enjoy sightings of urban wildlife as you meander through parks, urban forests and wildflower fields.

[Learn More](#)



### Bike the Creek

Explore Brampton on Bike! Join hundreds of cyclists in this fun family ride through the spectacular valleys, trails and historic landmarks, urban and rural settings of Brampton and Caledon. Download the map online.

[Map](#)

[Read More](#)



**BE NOT AFRAID  
FAMILY HOUR**

### Episode 4: Four Steps to be a Great Catholic Leader

Being a leader in your home, workplace, school, or community is not as hard as you might think. In this episode, Justin Fatica (founder of Hard as Nails ministry) teaches you how to get out of your comfort zone, share your story, and other helpful tips for evangelization. Grow in holiness as a family by praying the Luminous Mysteries of the Rosary.

[Learn More](#)

## CatholicFoodie.com... Where Food Meets Faith!



### FALL SLAW WITH APPLES AND BACON

#### Ingredients:

- 6 tablespoons cider vinegar
- 1 tablespoon plus 1 teaspoon red wine vinegar
- 3 tablespoons water
- 3 tablespoons oil
- 3 tablespoons minced shallots
- 2 tablespoons plus 2 teaspoons honey
- ½ teaspoon coarse salt
- Red pepper flakes, to taste
- 12 cups ½-inch-sliced mixed cabbage, such as red, green, and savoy
- 2 tart apples, quartered, cored, grated, shredded, or minced
- ¾ cup small-diced celery
- ¼ cup snipped chives
- 7 bacon slices, cooked until crisp but not burnt, crumbled

**Make the dressing:** measure the cider vinegar, red wine vinegar, water, oil, shallots, honey, salt, and red pepper flakes into a small bowl and whisk until combined.

Place the cabbage, apples, celery, and chives in a large bowl. Add the dressing. Toss until coated. (This can be made a day ahead and refrigerated to let the flavors mellow.)

Serve chilled or at room temperature, as you prefer (I happen to like room temperature). Just before serving, add the crumbled bacon and toss well. You'll want to taste now to adjust the oil, honey, and/or vinegar as necessary. Serve immediately — you want the bacon to still be crisp.

This article was originally published  
in Catholic Digest.

*Thank You for your  
Offering!*

**July 11, 2021 Regular Collection**  
\$6,630.75

**Total ShareLife Collection as  
up today**  
\$55,380.82

## Office Schedule

**Tuesdays, Thursdays and Saturdays from 9:30am to 1:00pm**

**Mass Card Intentions by phone. Please call 905-451-2300  
during the office schedule**

**(Meetings by Appointment Only)**

## Church Open for Prayer

**Monday to Friday**

**8:00am to 8:00pm**

**Saturdays**

**8:00am to 4:00pm**

## Weekday Mass Schedule

**Monday to Saturday**

**9:00am Mass**

**Friday Evenings**

**6:00pm to 7:00pm Holy Hour followed by  
7:00pm Mass**

## Sunday Mass Schedule

**5:00pm Mass**

**6:30pm Mass**

**8:00am Mass**

**9:30am Mass**

**11:00am Mass**

**12:30pm Mass**

**2:00pm Mass (*Spanish*)**

The Church **will be open 30 min**  
before each Mass

**REGISTRATION is REQUIRED** through Eventbrite

Visit our Parish website to register  
or call the parish office for support

## Confession Times

**Fridays**

**6:00pm to 6:45pm**

**Saturdays**

**9:45am to 11:00am**

## *Livestream Masses:*

**Daily at 9:00am (*English*)**

**Sundays at 11:00am (*English*)**

**& 2:00pm (*Spanish*)**