



Support

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Archdiocese

of Toronto

July 4, 2021

# E- NEWSLETTER

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### Save the Day:

Surviving Separation and Divorce Saturday, July 10 – 9:30 a.m. to 3:30 p.m.

Pastor: Rev. Liborio Amaral

Associate Pastor: Rev. Feliciano Merchan Mendes, c.s.

Deacons: Franciscus Sukardi

# Welcome and Quick Update Welcome everyone and thank you for your great support

Welcome to St. Mary's Fr. Feliciano!

# Fr Liborio's Reflection .....

Dear sisters and brothers in Christ,

This weekend we welcome our new Associate Pastor, Fr. Feliciano. I am sure that he will soon come to know that this parish community is alive in its love for the Lord. We indeed know that "God is good, all the time" and "all the time, God is good".

I invite you to welcome Fr. Feliciano as you have with all our past Associate Pastors, and myself 12 years ago. Also please pray for him since he needs to learn how to live with me and that is indeed a challenge for anyone, I am sure - just ask all my previous Associate Pastors. Hahaha.

Fr. Feliciano has been ministering in Montreal, so we need to also "change" him to the white and blue of our Maple Leafs – I am sure we can do it. Hahaha.

Blessing,

Fr. Liborio

# Faith Formation



# The Healing Christ Wants For You w/ Sr. Miriam James Heidland

Sister Miriam James Heidland, SOLT, is a member of the Society of Our Lady of the Most Holy Trinity. Sister Miriam speaks often on the topics of healing, forgiveness, conversion, sports, beauty, and authentic love. She holds a master's degree in theology and is the author of Loved As I Am.

Podcast

# Kids Pick of the Week



### Hocus Bogus

It's time for one of the most exciting events of the year: the State Fair! Though all the bugs are raring to go, they have one gigantic obstacle: no money! While some try to raise needed funds through a charity

MOVIE

Español

event, Sluggy sneaks off on his father's boat, only to make matters worse when he accidentally wrecks it. Carlos is also tempted to try dubious means to get the money he needs! Sluggy's and Carlos' sneaky ways result in a gamble that brings no winners!

### Register for FREE to watch Picks of the Week & More :

1. Click on the link

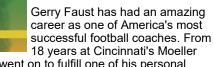
2. Register using your email (Create New Account)

3. Enter St. Mary's Church, Brampton

4. Access Code: 8b36b3

# HAPPINESS

# **Pick of the Week**



**Three Miracles of Happiness** 

High School (174-17-1), he went on to fulfill one of his personal dreams as head football coach at the University of Notre Dame, followed by eight years at Akron University. A devoted husband and father, Coach Faust has become a popular inspirational speaker who weaves the dramatic story of his own life into lessons for every life, always placing faith in God in the center of the huddle.

<u>Video</u>

Whoever does not LOVE does not know GOD because GOD is Love

**Bible Verses** 

...Believe in the Lord your God, and you shall be established; believe His prophets, and YOU shall. prosper." - 2 Chronicles 20:20

"I command you: be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD, your GOD, is with YOU Wherever you GO." - Joshua 1:9

And I will show, you who can not see, places you can not imagine. The darkness that frightens you will" turn to light. And make crooked ways straight ... " - Isaiah 42:16



Vatican: Be like Peter and Paul, free but humble

Pope: Be like Peter and Paul, free but humble

### "Peter and Paul were free because they were set free"

"Peter, the fisherman from Galilee, was set free above all from his sense of inadequacy and his bitter experience of failure, thanks to the unconditional love of Jesus". He said that Peter, a skilled fisherman, often thought of giving up when he saw that he would catch nothing. He tasted fear, explained the Pope. "Albeit a fervent disciple of the Lord, he continued to think by worldly standards, and thus failed to understand and accept the meaning of Christ's cross.

"Jesus nonetheless loved Peter and was willing to take a risk on him"

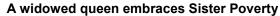
Paul "He was set free from the most oppressive form of slavery, which is slavery to self", noted the Pope. He was also set free from the religious fervor that had made him a zealous defender of his ancestral traditions and a cruel persecutor of Christians. God, however, did not spare him the frailties and hardships that rendered his mission of evangelization more fruitful and Paul thus came to realize that "God chose what is weak in the world to shame the strong", said the Pope.



# Live Your Faith

### Learning from the Saints

### Saint Elizabeth of Portugal





Beautifully placed in the center of a graceful arch, behind the high altar in the Franciscan convent of Saint Clare in Coimbra, Portugal, is an impressive silver and glass sarcophagus. Circular windows cut into the upper portion of the finely wrought box allow the pilgrim to peer down into its contents. You see rumpled printed cloth. You struggle to discern what else you are looking at. But then...you see...the form of a body, covered by a shroud. It is her. You are looking at a sleeping queen, Saint Elizabeth of Portugal. Only a hand protrudes from under the cloth. It is a right hand. It is visible. It is white. It has refused decay. It is incorrupt. The rest of her body? Only God knows, and maybe the local bishop.

Today's saint was also known as Elizabeth of Aragon. She was born into a royal Spanish family with a saint in its bloodline. Saint Elizabeth of Hungary

was her great aunt and namesake. In a pious age, the piety of today's Saint Elizabeth stood out. She loved the Lord and all that it meant to be Catholic. She was wed to the King of Portugal at a tender age, moved to his land, and had a family with him. The holy child Elizabeth became the holy adult Elizabeth. She involved herself in matters of war, state, and politics. But she was more concerned with her own soul, the poor, and the sick.

Learn More

### Your love must be sincere. Detest what is evil, cling to what is good. - Romans 12:9

### Prayer in Time of COVID

Gracious God, you who are the author of all life, and who desire the well-being of all people, during these dark days of COVID-19, increase in us, respect and reverence for all human life.

Grant restored health to the sick, comfort and hope to the dying, eternal peace for those who have died, strength to family members, relatives, clergy, friends and volunteers, renewed energy to hospital workers, PSWs, nurses and doctors, and perseverance to all in the health care professions.

Grant wisdom to scientists for the development of effective and moral vaccines, discernment and right judgment for legislators, aid to the discouraged, poor and vulnerable, courage and justice for front-line workers and all who risk their lives for the benefit of others, and keep always in our minds the vision of the true common good of all the world.

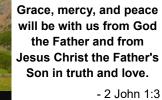
> We ask this through Jesus Christ our Lord. Amen. Bishop Robert Kasun, CSB

### **3 minute Prayer Retreat**



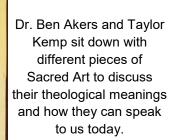
God's Abundant Blessing

English



Dear God, source and end of all blessings, thank you for your promise to be with us. Teach me to step aside and receive your gifts with open arms.

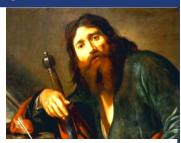
### Sacred Art: Sts. Peter and Paul



### Paul: Contending for the Faith

**Español** 

Zealous for the God of Israel. Saul of Tarsus was determined to stamp out this new cult surrounding Jesus of Nazareth by whatever means necessary, including extreme violence and murder. But Saul's zeal was turned upside down when he was humbled by Jesus himself.



Join Stephen Ray as he takes you on the road with St. Paul through Israel, Syria, Turkey, Greece, and Italy. Fall from a horse in the desert, hang in a basket over the Damascus Wall, cling to driftwood in the sea, and stride along ancient Roman roads. You'll better understand the life, ministry, and sufferings of Paul the Apostle.

Learn More

# Live Your Faith

# The Bible in a Year with Fr. Mike Schmitz



#### New Podcast

If you've struggled to read the Bible, this podcast is for you. Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff Cavins, guides Catholics through the Bible in 365 daily episodes (you can start any day

From Fr. Mike Schmitz, featuring Jeff Cavins: The Bible In A Year

of the year) Each 20-25 minute episode includes: ◆ two to three scripture readings ◆ a reflection from Fr. Mike Schmitz and ◆ guided prayer to help you hear God's voice in his Word.

Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure BibleTimeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins.

"The BIBLE is the only book whose author is always present when one reads it." - Philstar Global

**Register** 

## SCATTERED SEEDS



ICYMI: Last week Philip Rivers had a rare sit-down interview on his personal life, his faith, on relocation, play-calling, the truth behind the bolo tie and what Nunc Coepi means ... Short Interview

#### **Online Counselling Sessions**

Catholic Family Services of Toronto is now offering online quick access single sessions. Single-session counselling is a quick and effective way for individuals, couples or families to address a mental health or relationship concern.

To arrange for a session, please **contact**: <u>info@cfstoronto.com</u> or 416-921-1163 or 416- 222-0048. Leave us a message with your name, email and phone number, and a staff person will contact you.

Clients who are interested in pursuing other or additional services in the agency have the option to access our ongoing counselling, wellness or group programs. Counselling fees are charged according to a client's income level. No one is denied service because of their inability to pay fees. POSTER: http://bit.ly/CFSTorontoOnline

### New Beginnings Online Program

#### New Beginnings Online Bereavement and Separated/Divorced Introductory Program

Program Goals • Understanding the fundamentals of grief and mourning • Explaining the transitional dynamics of loss • Developing skills for emotional management and practical care • Renewing faith and rediscovery of personal spirituality Program Access.

Bereavement: Start date & time: Wednesday July 7, at 7:00 pm

Separated/Divorced: Start date & time: Thursday July 8, at 7:00pm

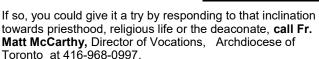
The program provides 4 weeks of psycho-education which assists and accompanies the bereaved and separated/divorced in exploring grief, experiencing healing and renewing faith.

#### Total cost: no charge

For more information and to register Contact: Arcangelo Limanni, MRE (416) 921-1163 ext. 2225 alimanni@cfstoronto.com

### **Pray for Vocations**

Today's readings speak of prophets sent by God. Could God be calling you to be His voice in His Church at this time?



Email: vocations@archtoronto.org

www.vocationstoronto.ca



**Surviving Separation and Divorce** 

Saturday, July 10 – 9:30 a.m. to 3:30 p.m. Mount Carmel Spiritual Centre 7020 Stanley Ave., Niagara Falls, Ont. OUTSIDE DIOCESE

Surviving separation and divorce is one of the hardest experiences we can experience our lives. Learn how to navigate the emotions and explore the stages in the healing process.

PRESENTER: Anna Racine (www.annaracine.org).

**COST:** \$65 (includes lunch and materials)

EMAIL: reservations@carmelniagara.com PHONE: 905-356-4113

### St. Monica's Parish Virtual Summer Camp

HEAVEN

# Weekdays: Monday, July 12 to Friday, August 13 A VIRTUAL EVENT HOSTED BY ST. MONICA'S PARISH

All youth, ages 4 to 12 years old, are invited to register for St. Monica's free virtual summer camp. We create opportunities for campers to learn about and participate in the Catholic faith in ways that engage and relate to their lives. Daily uploads will lead our campers and their families to Christ, right in the comfort of their home.

REGISTER: http://bit.ly/StMonicaParishCamp CONTACT: St. Monica's Parish PHONE: 416-483-1513 EMAIL: <a href="mailto:stmonicaparishcamp@gmail.com">stmonicaparishcamp@gmail.com</a>



All masses below are private and can be seen via Live-Stream via our YouTube of Facebook channels

Monday - July 5th St. Elizabeth of Portugal. & Anthony Zaccaria

9:00 am - Mass

Tuesday - July 6<sup>th</sup> St. Maria Goretti

9:00 am - Mass

Wednesday - July 7th Ferial

9:00 am - Mass

Thursday - July 8th Ferial

9:00 am - Mass

Friday - July 9th St. Augustine Zhao & Companions

9:00 am - Mass

6:00pm to 7:00pm Holy Hour followed by 7:00pm Mass

> Saturday - July 10<sup>th</sup> Ferial

9:00 am - Mass

Sunday - July 11th St. Benedict

LIVESTREAM MASSES

Daily at 9:00am Sunday Mass in English at 11:00am Sunday Mass in Spanish at 2:00pm

If you no longer wish to receive our E-Newsletter please Click **UNSUBSCRIBE** 

### "Church Bulletin **Board Funnies**"



# FAMILY CORNER

### A Family Activity: Conscious Relaxation

I hate it when somebody tells me, "Just relax!" I would protest angrily, "I am not stressed out!" I was wound up tight, but I didn't know what to do to relax.

I'm not alone. We value busyness and "getting the job done." We equate high stress with being a good citizen, a productive employee, and a dedicated parent. This is so ingrained that most of us have forgotten what relaxation feels like or how to get there. This is especially true when you are trying to cope with the added stress of raising a child with disabilities....

Relaxation

### 6 Verses to Help You Rest this Summer



Hammock? Check. Lemonade? Check. A good book? Check. An afternoon all to yourself? Check. Mix those four ingredients together and you have a recipe for a perfect summer afternoon. So why

can't you relax? Why is your mind racing a mile a minute, as usual? What seems to be missing? There is one more secret ingredient needed for this dish and it is often overlooked - a spirit at peace.

Even God took a day to rest after creating the world and it's a lesson He intends for us to follow. Here are six verses you can focus on this summer - verses to remind you to rest in God and lean into Him so you can relax and fully enjoy the season.

1"The Lord is my shepherd; I have all that I need. He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength."

Read More



Episode 2: Jesus Exceeds Expectation

We are limited by our human nature, but

God has no limits and is able to answer and exceed our expectations in ways that we could never imagine. In this second episode, Joel Stepanek, Fr. Boniface Hicks, OSB, and Fr. Leonard Kayondo share how to let God take the lead so that you can follow his call for your family. The episode wraps up with the Glorious Mysteries of the Rosary.

Learn More

# The Catholic Foodie



### How to Make Pizza Dough with Beer

I love pizza. That's no secret. As a matter of fact, pizza has it's very own tab (to the far right) on the secondary navigation menu bar

on CatholicFoodie.com. See it? I love beer too. Good beer. Unfortunately, I don't make my own beer as often as I would like. But I have lots of friends who are home brewers, and I have made a number of batches of my own brew over the last few years.

I have been making pizza at home for over 30 years. I've been doing it because I enjoy it, but it has also been a quest... a quest to produce restaurantquality pizza in my home oven. Over the years I have honed my dough recipe, and I have implemented certain "tricks" to try to mimic the results you get from a restaurant pizza oven that reaches 800 to 1200 degrees. That particular quest of mine has finally come to an end. Last October I obtained a tool that revolutionized how I make pizza at home. It's called The Baking Steel

### Ingredients:

1<sup>1</sup>/<sub>2</sub> cups of room temperature beer (I used Abita's Jockamo IPA) 1/4 cup of extra virgin olive oil 4 cups of all-purpose flour 2 teaspoons of salt 2 teaspoons of honey 3 teaspoons of active dry yeast (rapid rise yeast works just as well)

> **Click here for** Instructions

Will yield 4 large thin-crust pizzas or 3 large regular-crust pizzas.

# Thank You for your Offering!

June 27, 2021 Regular Collection \$7,375.25

Office Schedule	
Closed until further notice. Please contact us by email or phone. stmarysbr@archtoronto.org 905-451-2300 (Meetings by Appointment Only)	
Church Open for Prayer	
Monday to Friday	8:00am to 8:00pm
Saturdays	8:00am to 4:00pm
Weekday Mass Schedule	
Monday to Saturday	9:00am Mass
Friday Evenings	6:00pm to 7:00pm Holy Hour followed by
	7:00pm Mass
Sunday Mass Schedule	
5:00pm Mass 6:30pm Mass 8:00am Mass 9:30am Mass 11:00am Mass 12:30pm Mass 2:00pm Mass (Spanish)	
The Church <b>will be open <u>30 min</u></b> before each Mass	REGISTRATION is REQUIREDthrough EventbriteVisit our Parish website to register or call the parish office for support
Confession Times	
Fridays	6:00pm to 6:45pm
Saturdays	9:45am to 11:00am
Livestream Masses:	
Daily at 9:00am (English)	
Sundays at 11:00am (English)	
& 2:00pm <i>(Spanish)</i>	