



Mother Church of Brampton
ST. MARY'S
CATHOLIC CHURCH



May 23, 2021



Support
your Parish



Archdiocese
of Toronto

E- NEWSLETTER

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Save the Day:

Two-hour, Virtual Bible Conference
June 5, 2021 at 9:00 a.m.

Pastor:

Rev. Liborio Amaral

Associate Pastor:

Rev. Patrick Ezimora CCE

Deacons:

Franciscus Sukardi
Douglas Asselstine

Welcome and Quick Update

Welcome everyone and thank you for your great support



Caring for Our Mental Health



Free Online Webinar. For more information see page 6



St. Mary's English and Spanish Bible Study

See page 6 for more information

Fr Liborio's Reflection

Dear Sisters and Brothers in Christ,

This weekend we celebrate the Feast of Pentecost. It is the third most important feast of our yearly Liturgical calendar, following only the feasts of Easter and Christmas. This feast day is not so much about an event, but about a WHO – we celebrate **the third Person of the Blessed Trinity – The Holy Spirit**.

In today's Gospel we hear our Risen Lord say **"Receive the Holy Spirit."** These four words represent the third most important mystery of our faith, following the mysteries of the Trinity and the Person of who Jesus Christ is in his Hypostatic Union (i.e. that Jesus was fully human and fully divine and yet remained ONE Person with two natures). Our faith reminds us that through our baptism we have the indwelling of the Holy Spirit. We become "God-bearers" as Mary was the "God-bearer" of the second person of the Blessed Trinity. As much as I might want to explain to you this mystery of having the third Person of the Blessed Trinity in us, I would still fail in capturing the fullness of what it means to have the Holy Spirit in us – this makes total sense, since we are dealing with a "mystery" that only God himself can reveal.

We have the Catechism of the Catholic Church that speaks about this mystery and provides us with much insight that we can take to prayer and discernment. What the Catechism says can help our faith in believing all the more in the Holy Spirit.

Below you will find the first of a number of explorations of what it means to say in the Creed "I believe in the Holy Spirit" from the Catechism of the Catholic Church. I encourage you to read this exploration and take it to prayer for meditation. I further encourage you to look at what follows as well – you will not be sorry you did.

Let us pray that we can come to know and love the third Person of the Blessed Trinity and realize that the **Holy Spirit is within us to guide us in all TRUTH.**

Happy Pentecost Feast day,

Fr. Liborio

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From the Catechism of the Catholic Church

PART ONE

THE PROFESSION OF FAITH

SECTION TWO

THE PROFESSION OF THE CHRISTIAN FAITH

CHAPTER THREE

I BELIEVE IN THE HOLY SPIRIT

ARTICLE 8

"I BELIEVE IN THE HOLY SPIRIT"

687 "No one comprehends the thoughts of God except the Spirit of God."⁷ Now God's Spirit, who reveals God, makes known to us Christ, his Word, his living Utterance, but the Spirit does not speak of himself. The Spirit who "has spoken through the prophets" makes us hear the Father's Word, but we do not hear the Spirit himself. We know him only in the movement by which he reveals the Word to us and disposes us to welcome him in faith. The Spirit of truth who "unveils" Christ to us "will not speak on his own."⁸ Such properly divine self-effacement explains why "the world cannot receive [him], because it neither sees him nor knows him," while those who believe in Christ know the Spirit because he dwells with them.⁹

688 The Church, a communion living in the faith of the apostles which she transmits, is the place where we know the Holy Spirit:

- in the Scriptures he inspired;
- in the Tradition, to which the Church Fathers are always timely witnesses;
- in the Church's Magisterium, which he assists;
- in the sacramental liturgy, through its words and symbols, in which the Holy Spirit puts us into communion with Christ;
- in prayer, wherein he intercedes for us;
- in the charisms and ministries by which the Church is built up;
- in the signs of apostolic and missionary life;
- in the witness of saints through whom he manifests his holiness and continues the work of salvation.



The Prayer for the Seven Gifts of the Holy Spirit

O Lord Jesus Christ, Who, before ascending into heaven, didst promise to send the Holy Ghost to finish Thy work in the souls of Thy Apostles and Disciples, deign to grant the same Holy Spirit to me, that He may perfect in my soul the work of Thy grace and Thy love.

*Grant me the Spirit of **Wisdom** that I may despise the perishable things of this world and aspire only after the things that are eternal,*

*the Spirit of **Understanding** to enlighten my mind with the light of Thy divine truth, the Spirit of **Counsel** that I may ever choose the surest way of pleasing God and gaining Heaven,*

*the Spirit of **Fortitude** that I may bear my cross with Thee, and that I may overcome with courage all the obstacles that oppose my salvation,*

*the Spirit of **Knowledge** that I may know God and know myself and grow perfect in the science of the Saints,*

*the Spirit of **Piety** that I may find the service of God sweet and amiable,*

*the Spirit of **Fear** that I may be filled with a loving reverence towards God, and may dread in any way to displease Him.*

Mark me, dear Lord, with the sign of Thy true disciples and animate me in all things with Thy Spirit. Amen.

Faith Formation



AUGUSTINE INSTITUTE*
UNDERSTAND, LIVE, AND SHARE YOUR FAITH

Join us online Saturday, **June 5, 2021 at 9:00 a.m. (MDT)**

Join us for this **free, two-hour, virtual Bible conference** on the weekend of the **Solemnity of Corpus Christi**, also known as the Most Holy Body and Blood of Christ. The Holy Eucharist is the source and summit of the Christian life. But what does the Holy Bible have to say about it?

[Register for free](#)

Kids Pick of the Week



The Slugs & Bugs Show - True Friendship

The gang creates, bakes, and makes mistakes. Maggie accidentally turns one of Sparky's favorite comics into a craft, while Sparky unintentionally destroys Doug's delicious pie.

Musician and author, Ginny Owens, consoles Maggie and teaches everyone the truth that friendship requires forgiveness.



Rosary

Rosario

Register for **FREE** to watch Picks of the Week & More :

1. Click on the link
2. Register using your email (Create New Account)
3. Enter St. Mary's Church, Brampton
4. Access Code: **8b36b3**

MOVIE
TIME

Pick of the Week



Joan of Arc

"Although she died at nineteen in 1431, her legend and legacy is stronger than ever five hundred years later. Leelee Sobieski shines as the legendary warrior and saint, Joan of Arc, who, at

seventeen, led one of the greatest military campaigns for freedom the world has ever witnessed. Supported by an all-star cast, with glorious cinematography, music score, and stunning scenery, Joan of Arc is a riveting epic film of faith, inspiration, triumph, and tears. Born to a peasant French family, Joan hears the voices of saints calling out to her to unite her besieged nation.

Gaining an audience with the young French king, Joan convinces him that God...

Movie Time

Bible Verses

"May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope." - Romans 15:13

"But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." - Galatians 5:22-23

"If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth..." - John 14:15-17



Vatican Museum: Beauty that Unites! 51

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love.

The Holy Spirit radically transformed the Apostles who out of fear had locked themselves into the Upper Room, making them fervent heralds of the Gospel.

Down through the ages, the Spirit continues to support the Church in her evangelizing mission, raising up in every age courageous witnesses to the faith.

(Pope John Paul II, Pentecost Homily, 19 May 2002)



Gerolamo Muziano (1528-1592), **The descent of the Holy Spirit**

Live Your Faith

Learning from the Saints



Saint Philip Neri

Everyone saw the halo

Saint Philip Neri often begged alms from his wealthy friends and acquaintances to redistribute to needy street children. On one occasion, he approached a friend, held out his hand, and asked him, once again, for a few coins: "How about some help for the children." The man slapped him hard across the face. Saint Philip quickly recovered from the shock, extended his cupped hand again, and said, "That was for me, now how about something for the children?" Saint Philip was so well loved and so well known in Rome that he is sometimes called its "Third Apostle" after Saint Peter and Saint Paul. His personality radiated a natural warmth, cordiality, and love of God. His priestly ministry could be fairly characterized as "evangelization by walking around."

[Learn More](#)

The Holy Grail

Where Is The Holy Grail?

In this episode of The Catholic Talk Show the guys discuss the legends of The Holy Grail and where the real one is today.



In this episode, you will learn:

- What is the Holy Grail?
- What did the Holy Grail look like?
- Where did the Holy Grail go after the Last Supper?
- Does The Holy Grail still exist?
- How many grails are claimed to be the True Grail?
- Where is the Holy Grail today?
- and much more

[Podcast](#)

"Lord, I believe. Help my unbelief." - St. Augustine

Prayer in Time of COVID

Gracious God, you who are the author of all life, and who desire the well-being of all people, during these dark days of COVID-19, increase in us, respect and reverence for all human life.

Grant restored health to the sick, comfort and hope to the dying, eternal peace for those who have died, strength to family members, relatives, clergy, friends and volunteers, renewed energy to hospital workers, PSWs, nurses and doctors, and perseverance to all in the health care professions.

Grant wisdom to scientists for the development of effective and moral vaccines, discernment and right judgment for legislators, aid to the discouraged, poor and vulnerable, courage and justice for front-line workers and all who risk their lives for the benefit of others, and keep always in our minds the vision of the true common good of all the world.

We ask this through Jesus Christ our Lord. Amen.

Bishop Robert Kasun, CSB

3 minute Prayer Retreat



Like Sheep with a Shepherd

Do not be afraid any longer, little flock, for your Father is pleased to give you the kingdom.

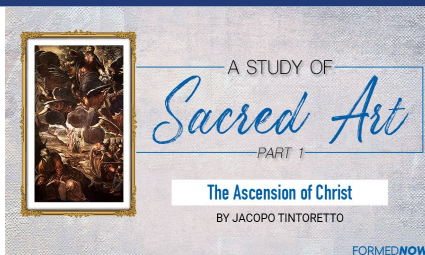
-Luke 12:32

Loving God, thank you for creating and sustaining me. Help me to respond to your gift with ever greater trust.

[English](#)

[Español](#)

Sacred Art: The Ascension

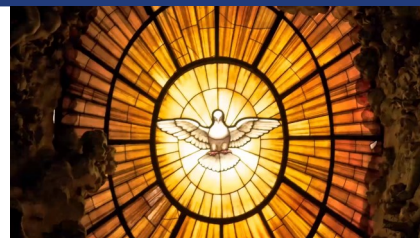


Dr. Ben Akers and Taylor Kemp sit down with different pieces of Sacred Art to discuss their theological meanings and how they can speak to us today.

[Learn More](#)

Gifts of the Holy Spirit

1. Wisdom
2. Understanding
3. Counsel
4. Knowledge
5. Fortitude
6. Piety
7. Fear of the Lord



Fruits of the Spirit

- Love
- Joy
- Peace
- Patience
- Kindness
- Goodness
- Faithfulness
- Gentleness
- Self-Control

One of the most profound aspects of the Catholic Faith is that Christ sent his Spirit to dwell in the hearts of the baptized. But who is the Holy Spirit, and how do we actively invite him to do what he was placed inside of us to do?

The Catechism of the Catholic Church (no. 684) explains that although the Holy Spirit was the last person of the Holy Trinity to be revealed to us, "through his grace, the Holy Spirit is the first to awaken faith in us and to communicate to us the new life," which is to "know the Father and the one whom he has sent, Jesus Christ" (see John 17:3). We come to know the Father and the Son through the stirrings of the Holy Spirit in our soul.

[Watch](#)

[Español](#)

[Read](#)

Live Your Faith

The Bible in a Year with Fr. Mike Schmitz



New Podcast

From Fr. Mike Schmitz, featuring
Jeff Cavins: *The Bible In A Year*

If you've struggled to read the Bible, this podcast is for you.

Ascension's Bible in a Year Podcast, hosted by Fr. Mike Schmitz and featuring Jeff Cavins, guides Catholics through the Bible in 365 daily episodes (you can start any day of the year) Each 20-25 minute episode includes:

- ◆ two to three scripture readings ◆ a reflection from Fr. Mike Schmitz and ◆ guided prayer to help you hear God's voice in his Word.



Unlike any other Bible podcast, Ascension's Bible in a Year Podcast for Catholics follows a reading plan inspired by the Great Adventure BibleTimeline® learning system, a groundbreaking approach to understanding Salvation History developed by renowned Catholic Bible teacher Jeff Cavins.

"...it stands as the support and energy of the Church, the strength of faith for her sons, the food of the soul, the pure and everlasting source of spiritual life" -Dei Verbum, 21

[Register](#)

St. Mary's Bible Study- English

We are pleased to announce that our parish Bible Study will continue in May. Since the month of **May is dedicated to the Blessed Virgin Mary**, we will begin a study of the four Marian Dogmas taken from church teachings. As we are still in lockdown, we will continue to use Microsoft Teams as our virtual meeting space for the English study.

- Divine Motherhood
- Perpetual Virginity
- Immaculate Conception
- The Assumption

The **English Bible Study** will continue on **May 27**. from 8:00pm to 9:00pm
The Microsoft Teams link for all four English meetings are: MS Teams - computer or mobile app: [Click here to join the meeting](#)

Note: If you don't have the MS Teams App - Click on "open in Browser."

We look forward to seeing you at this next Bible Study!

Estudio de la Biblia en Español - Iglesia Santa María

Nos complace anunciar que nuestro estudio bíblico parroquial continuará en mayo. Dado que el mes de **mayo está dedicado a la Santísima Virgen María**, comenzaremos un estudio de los cuatro dogmas marianos tomados de las enseñanzas de la iglesia.

- Maternidad divina
- Virginidad perpetua
- Inmaculada Concepción
- La Asunción

El estudio bíblico en español se llevará a cabo los **sábados** y continuará el **22 y 29 de mayo de 8:00pm a las 9:00pm**

Si está interesado favor de **enviar un WhatsApp al Tel. 416-809-5864** - Martha Guzmán

¡Esperamos verte en nuestro próximo Estudio Bíblico!

SCATTERED SEEDS

Kids Connect with Mother Mary

Kids Connect with Mother Mary **Every Saturday in May** – 7 p.m. **A VIRTUAL EVENT HOSTED BY THE CHILDREN'S MINISTRY OF THE CATHOLIC CHARISMATIC RENEWAL COUNCIL** Calling all parents and children: please join our Kids Connect special program that honours Jesus' mother by connecting her with kids throughout the month of May. Featuring: **fun learning, praying, music, games and more!** Live event via the Catholic Charismatic Renewal Council of the Archdiocese of Toronto's Facebook page and YouTube channel.

EMAIL: childrenministryccrc@gmail.com

FACEBOOK: <http://bit.ly/CCRCTorontoFacebook>

YOUTUBE: <http://bit.ly/CCRCTorontoYouTube>

St. Teresa of Avila – Spiritual Life Series

A VIRTUAL EVENT HOSTED BY NEWMAN CENTRE CATHOLIC MISSION

Mondays, May 31, June 14, June 28, July 12, July 26 and August 9th – 7:00 p.m. to 8:30 p.m.

All are welcome to join a new spiritual life series based on the book, *The Interior Castle*, by **St. Teresa of Avila**. This new six-segment series will begin on **Monday, May 31** and will be presented by Fr. Peter Turrone, pastor of the Newman Centre. There will be time for group discussions.



REGISTER: <https://stteresaofavila.eventbrite.ca>

CONTACT: lenita.lopes@newmantoronto.com

WEBSITE: www.newmantoronto.com

POSTER: <http://bit.ly/StTeresaWebinar>

Pray for Vocations



The confused and fear-filled apostles were totally changed by the outpouring of the Holy Spirit as they became powerful and dynamic proclaimers of their faith in Jesus Christ.

In today's Church God calls priests, religious and deacons to serve Him and to serve others especially by the inspiration of the Holy Spirit. If you feel God may be calling you to this ministry, **call Fr. Matt McCarthy**, Director of Vocations, Archdiocese of Toronto at 416-968-0997.

Email: vocations@archtoronto.org www.vocationstoronto.ca



Caring for Our Mental Health



Struggles with anxiety and depression have increased dramatically during the pandemic. And it's not hard to understand why: we've mourned those who have died, feared for our own health, faced financial uncertainty, experienced isolation from loved ones, and scrolled through an endless newsfeed of frightening headlines. How can we heal our wearied minds as we enter a second pandemic summer?

On Thursday, May 27 at 7 pm, Elizabeth Pierce from Catholic Family Services of Durham will discuss this topic at the inaugural event of the ShareLife Speaker Series. During this **free online webinar**, Elizabeth will present strategies for coping that are applicable for children, youth and adults.

[Register](#)



For the Week

All masses below are private and can be seen via Live-Stream via our YouTube or Facebook channels

Monday - May 24th

Blessed Virgin Mary, Mother of the Church

9:00 am - Mass

Tuesday - May 25th

St. Gregory VII, St. Mary Magdalene de Pazzi

9:00 am - Mass

Wednesday - May 26th

St. Philip Neri

9:00 am - Mass

Thursday - May 27th

St. Augustine of Canterbury

9:00 am - Mass

Friday - May 28th

Ferial

9:00 am - Mass

Saturday - May 29th

Saint Paul VI

9:00 am - Mass

Sunday - May 30th

The Most Holy Trinity

• Livestream at 9:30am Mass in Spanish

• Livestream at 11am Mass in English

If you no longer wish to receive our E-Newsletter please Click [UNSUBSCRIBE](#)

"Tearful Smiles"

Mr. and Mrs. Brown had two sons. One was named Mind Your Own Business & the other was named Trouble. One day the two boys decided to play hide and seek. Trouble hid while Mind Your Own Business counted to one hundred. Mind Your Own Business began looking for his brother behind garbage cans and bushes. Then he started looking in and under cars until a police man approached him and asked, "What are you doing?" "Playing a game," the boy replied. "What is your name?" the officer questioned. "Mind Your Own Business." Furious the policeman inquired, "Are you looking for trouble?!" The boy replied, "Why, yes."

- laughfactory

FAMILY CORNER



Today's Catholic teens are hungry for finding meaning and direction in life. This article will help to bring the Good News of Jesus to Catholic teens.

Discerning Between Good and Evil

Good versus evil. You see this theme played out in comic books, video games, westerns, and other movies. In the classic westerns, you could always tell who the good guy was—the one wearing a white cowboy hat. The villain, of course, wore a black hat and was usually dressed all in black. The good cowboys and the villains had their own posse or gang. The good posse protected the town and fought for justice and peace. The evil gang robbed banks, hijacked trains, and terrorized the towns. In these stories, it was clear who belonged to the good side and who belonged to the evil side.

- Take some alone time with God.
- Search your feelings.
- Beware of temptation.
- Be conscious of your conscience.
- Get help from the "been there, done that" crowd.
- Check out the fruits.

[Learn More](#)

Bless My Grandparents Prayer

Dear Lord,

I pray that you watch over my grandparents.
Please bless them with your love.
May you keep them safe and guard their path and protect them from above.

I pray that they will always know, and I can help them see, just how much I love them and what they mean to me.

- Loyola Press

A Mind at Peace Book Discussion (Part 5 of 5)

Are you increasingly frustrated and perplexed in this digital age? Do you yearn for a mind that is more focused and a soul able to put down that phone and simply rejoice in the present?

Dr. Christopher O. Blum, author of A Mind at Peace, and Taylor Kemp sit down to talk about reclaiming an ordered soul in the age of distraction. They will discuss the virtues needed to hold back the onslaught by technology for our attention by looking to the saints and the wise. We pray that these discussions will help us all attain a more peaceful soul attuned to the promptings of God to live a more integrated and full life.

[Learn More](#)

Food Network Priest Cooks Up Winning Recipe for Family Meals

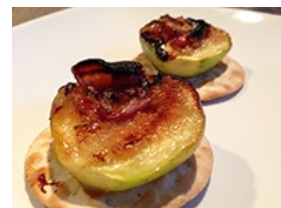


Fr. Leo Patalinghug is perhaps best known as the cooking priest who defeated an Iron Chef with his killer steak fajitas in the Food Network's Throwdown! with Bobby Flay.

But off-screen, the Baltimore-based priest is famous for more than his fajitas. The chef uses his cooking chops to help bring families together around the dinner table with his organization Grace Before Meals. The movement offers healthy recipes, a cooking show, and resources to help families share more meals together.

Enjoy one of Fr. Leo's Grace Before Meals recipes.

Broiled Figs Stuffed with Blue Cheese, Prosciutto and a Balsamic Glaze



INGREDIENTS:

10 figs, stemmed and halved
2 tbsp. olive oil
1 tbsp. balsamic vinegar
1 pinch of salt and black pepper
5 slices of fresh prosciutto cut into quarters, creating 20 small pieces
1/8 cup of blue cheese

DIRECTIONS:

Set oven to broil. Prepare a baking pan, lined with foil and with nonstick spray. Wash and dry figs. Remove stems and cut in half. Slice a thin piece off the rounded edges to create a flat surface, preventing the figs from rolling around.

[CLICK HERE](#) for complete instructions and to know more about Fr. Leo and Grace Before Meals.

Thank You for your Offering!

May 16, 2021 Regular Collection

\$5,058.00

St. Mary's Church Schedule

During Lockdown (As of April 19th, 2021)

Office Schedule

Closed until further notice.

Please contact us by email or phone.

stmarysbr@archtoronto.org

905-451-2300

(Meetings by Appointment Only)

Church is Open for Private Prayer

Monday to Friday	9:30 am to 8:00 pm
Saturdays	9:30 am to 4:00 pm
Sundays	1:00 pm to 4:00 pm

Note: Only 10 people allowed in the building at all times.

Sunday & Weekday Mass Schedule

All Masses are temporarily canceled.

Livestream Mass Schedule

Daily at 9:00 am (English)

Sundays

9:30 am (Spanish) & 11:00 am (English)

Confession Times

Fridays	6:00 pm to 7:00 pm
Saturdays	9:45 am to 11:00 am

Note: Only 10 people allowed in the building at all times.